

# Centre Academy East Anglia NewsLetter

Spring Term - February 2019

## DATES TO REMEMBER

Spring Term  
2019

Mon 25<sup>th</sup> Feb 19

Term  
Commences

Fri 1<sup>st</sup> Mar 19

Parent  
Discussion  
Forum – 2.00-pm

Fri 8 Mar 19

Parent Meetings  
– Please phone  
Lara to arrange  
meetings

Fri 5 Apr 19

Easter Service –  
2.15-pm

School finishes  
at 3.00pm

*Dear Parents,*

*It can be argued that a half-term break takes on greater meaning if it is accompanied by something that is both academic and serious. In this vein, we thought you might be interested in an initiative that is taking place at present in Parliament.*

*The issue involves the examination system that has been fundamental to the nation's approach to education for many decades. Specifically, one member of Parliament—with, apparently, some additional support—is questioning the utility and the validity of the GCSE system. The Parliamentarian has noted that GCSEs had more purpose when most students left school at 16. Now, however, with all students required to remain in school until age 18, the Parliamentarian argues that there is little purpose for this examination. He also notes that the time would be better spent in preparing for A-Levels and other examinations.*

*Observers note that there is little chance that this initiative will gain sufficient strength to over-turn the GCSE system. However, from our point of view, the important element is that the examination system itself is falling under a degree of scrutiny. As you know, at CAEA and at our sister school, CA London, instead of A-Levels, we use a system of continual assessment for the Sixth Form students studying the High School Diploma. We do so because an examination system may inadvertently penalise students who face the challenge of anxiety and related problems, something common to the SEN world.*

*Our sense is that any assessment system should seek to reveal a student's knowledge and abilities; it should not penalise for difficulties that obscure those abilities and knowledge. And these are everywhere apparent through our non-examination system of continual assessment.*

*Yours sincerely  
Mrs Kim Salthouse  
Head of School*

*Dr Duncan Rallo  
Principal*

## Duke of Edinburgh program

We have been working hard towards the Duke of Edinburgh this year. We will be carrying out a practice walk on 1st and 2nd April 2019.

Please be aware that students are expected to provide clothing for both days and food. Any questions, please do not hesitate to contact me.

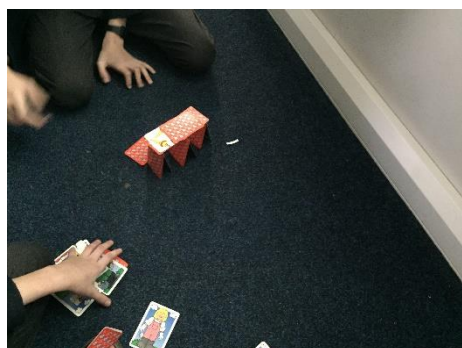
Thank you  
Daniel Stott



# SPEECH LANGUAGE THERAPY

Mrs Driver, with our SENCo, Mrs Henderson-Smith, has formalised a social skills syllabus covering topics which increase in complexity across the year groups. The juniors work on listening and taking turns in conversation with the seniors, tackling complex life situations in a group.

4BP had great fun learning about the importance of perseverance as part of their session on team support. The students had different techniques and strategies to achieve a house or cards; they positively encouraged each other and here are the results.







Just before the Christmas holidays we were lucky enough to have Jake and Adam from Band Academy visit Centre Academy. The purpose of the day was to engage students in musical activity whilst having fun – This was definitely achieved. We were so proud of the way our students all took part and embraced all of the opportunities offered to them on the day.

Adam and Jake started with an assembly and a few performances to get the day off to a great start. The students joined in, clapped along and were not afraid to ask questions. The American Diploma and Senior students were then involved in a Performance and Evaluation session and a very interactive 'Performance Anxiety' Workshop. The students took a lot of helpful tips and tricks away from these workshops and have used them in their rehearsals since. The whole school were then involved in a song writing activity where they could be as creative as possible. Many of our students have a natural talent for this!



Our brilliant choir also had the opportunity to professionally record their 2 Christmas songs, "Feed the World" and "Waiting for Christmas". We now have these as an Mp3 file if you would like to hear them.



The afternoon saw the Juniors and some seniors involved in a typical Band Academy Party. They started by getting themselves into bands and designing their own logos for their band. Each band was then taken to Adam in the Recording Studio to record their version of 'This is Me' from The Greatest Showman.



Each band also had their very own photo shoot and were able to take part in the Centre Academy Music Video, which we also have available now if you would like to see it.

Overall, it was a FANTASTIC day and we would like to thank Adam and Jake from Band Academy for delivering the most engaging, interactive and fun day.

## Exam Timetable 2018

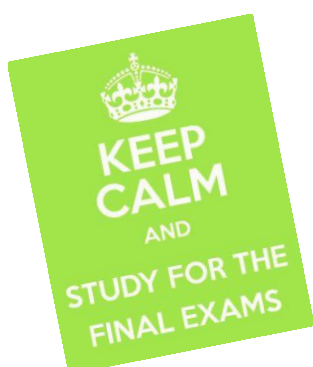
Title	Exam Code	Duration (+25% extra)	Date	Time
Religious Studies	8062/13 8062/16	1hr 45m	Monday 13 <sup>th</sup> May	1PM
Science: Paper 1 (Environmental Sciences)	8465/1	1hr 45m	Tuesday 14 <sup>th</sup> May	1PM
English Literature (Shakespeare/Post-1914 Lit)	1ET0/01	1hr 45m	Wednesday 15 <sup>th</sup> May	1PM
Religious Studies	8062/2A	1hr 45m	Monday 20 <sup>th</sup> May	9AM
Maths (Calculator)	J560/01/04	1hr 30m	Tuesday 21 <sup>st</sup> May	9AM
Geography (Physical Geography)	8035/1	1hr 30m	Tuesday 21 <sup>st</sup> May	1PM
Science: Paper 2 (Environmental Sciences)	8465/2	1hr 45m	Wednesday 22 <sup>nd</sup> May	1PM
English Literature (C19 <sup>th</sup> Novel/Post-1789 Poetry)	1ET0/02	2hr 15m	Thursday 23 <sup>rd</sup> May	9AM
History	8145/1A/B 8145/1B/A	1hr 45m	Monday 3 <sup>rd</sup> June	9AM
English Language (Fiction/Imaginative Writing)	1EN0/01	1hr 45m	Tuesday 4 <sup>th</sup> June	9AM
Geography (Human Geography)	8035/2	1hr 30m	Wednesday 5 <sup>th</sup> June	1PM
Maths (Non-Calculator)	J560/02/05	1hr 30m	Thursday 6 <sup>th</sup> June	9AM
History	8145/2A/C 8145/2B/A	1hr 45m	Thursday 6 <sup>th</sup> June	1PM
English Language (Non-Fiction/Transactional writing)	1EN0/02	2hr	Friday 7 <sup>th</sup> June	9AM
Science: Paper 3 (Physical Sciences)	8465/3	1hr 45m	Friday 7 <sup>th</sup> June	1PM
Maths (Calculator)	J560/03/06	1hr 30m	Tuesday 11 <sup>th</sup> June	9AM
Science: Paper 4 (Physical Sciences)	8465/4	1hr 45m	Wednesday 12 <sup>th</sup> June	9AM
Geography (Geographical Applications)	8035/3	1 hr 15m	Thursday 13 <sup>th</sup> June	9AM

You will need to arrive for your exams (by the Science Room) 10 minutes before the start time.





- **Start revising early** – i.e. months, not days before the exam; make a timetable to plan your revision and stick to it!
- **Use Revision Guides**
- **In study leave, start revising early** – i.e. 9.00am – that way you will get your day's work done much quicker and will have time to relax in the evening
- **Stick revision notes all around the house** – so in the exam you think – “aha, quadratic equations, they were on the fridge....”
- **Get yourself drinks and snacks** – so you do not make excuses to stop every 10 minutes
- **Sit at a proper desk** – Do not try to revise in bed – you will be in the land of pink igloos and elephants before you can say “Captain Birdseye”
- **Don't put it off** – “Procrastination” is the long word for it. And it means rearranging stuff on your desk, getting a sudden urge after 16 years to tidy your room, playing the guitar, thinking about the weekend, writing love poems about that girl/boy you fancy, painting your toenails, etc., etc.,... Sit down at your desk and GET ON WITH IT
- **Don't just read your notes** – you have to WRITE STUFF DOWN. This is real basic “how to revise” stuff.
- **Don't turn yourself into a revision zombie** – if you stop doing anything else but revision you will turn into a zombie. It is really important that you keep time to do things you enjoy... like cinema, shopping, sports, Frisbee, rock-climbing, making model planes, whatever tickles your ferret... When you're doing these try to relax and totally forget about revision
- **Do lots of practice exam papers** – This is especially important as you get close to the exams
- **Read the exam timetable properly** – double-check so you do not miss an exam and have plenty of time to prepare for it
- **Find the right environment to revise** – NOT in front of the TV. NOT listening to the radio. Music can sometimes be ok, but you need to find the right kind. It's got to be something that is just there in the background that you are not thinking about
- **Don't hang around with the nervous paranoid** – People on the morning of the exam – they will just stress you out







UAS are busy completing units on road safety.

They have been watching dvd's, discussing and practising the procedures of crossing the road safely.

On Monday 21st January we went out practising in Brettenham and on Monday 28th January into Stowmarket.



We had a very good walk around Stowmarket and crossed the road at a variety of crossings. It was such a cold morning that we went into Greggs for a hot chocolate and a cake to warm up, whilst in Greggs we were talking to an elderly lady called Catherine Patricia (Patsy), who had in her younger days worked in youth clubs. The students all chatted to her politely and with confidence and when we said goodbye to her and left she wished all the students good luck with their futures and said what a wonderful group of youngsters they were.

As always I am very proud of my students in UAS. Every time I take them out they are so well behaved and polite.

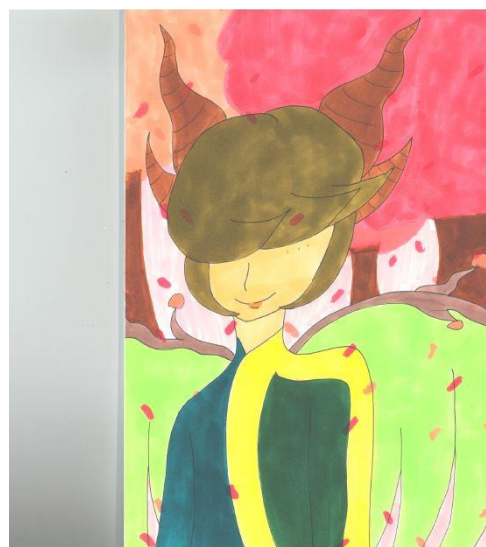
Mrs Shaul

## Spring Art Competition

Some members of the school have been chosen to submit work for a local Art Competition. The theme of the exhibition is 'Spring' and is being held at St. Mary's Church, Thorpe Morieux, between the 16<sup>th</sup> and 17<sup>th</sup> February, 10am to 4pm. The competition will be judged before the display opens with



winning pieces identified in the show, prizes include art materials and vouchers. We wish all our pupil's good luck!





The following events for next term are:

### Comic Relief 2019



On Friday the 15th March, Centre Academy will be participating in Comic Relief. The students are asked to wear something red and bring in a £1 donation. We will also be having a bake sale where students will have the opportunity to buy homemade cakes. We will be carrying out a cake competition for some students during our cooking sessions on a Tuesday.

When supporting Comic Relief you are supporting vulnerable people and communities in the UK and internationally. Their vision is to create a just world free from poverty and they doing this by funding organisations all around the world.

### School Raffle



Centre Academy will be hosting an *Easter Raffle* on Friday 5th April at the Church after our Easter Service.

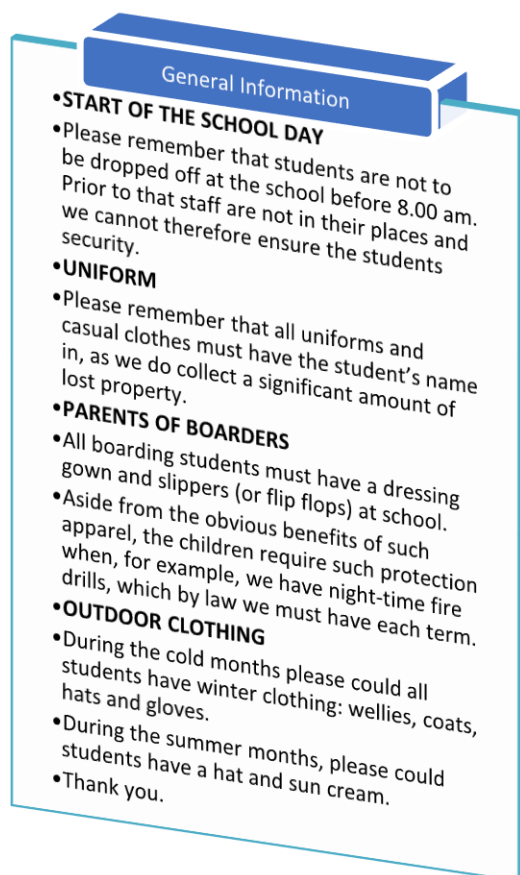
We are asking for parents to donate raffle prizes for the event.

All the money raised will go towards the rainbow trust, a charity that provides emotional and practical support to families who have a child with a life-threatening or terminal illness.

## Centre Academy East Anglia Presents our Drama Production



Rehearsals are well under way and we look forward to presenting 'Mary Poppins Jr' to all our CAEA Community in the Summer Term.



If your child requires any medication, please ensure that this is handed into the office or Mrs Beadman. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the students name and the instructions of administration.

Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school.



Please be aware that boarding staff are officially on duty on a Sunday evening at 7.00 pm. Please could any communication regarding trains or general boarding questions be made during the week and not during the weekend. Sending texts to either confirm or decline train pick up is appreciated. However, texts and phone calls which require decision-making should be made during the school week. Please also be aware that if your child requires collection from the station on a Sunday night, this should be arranged previously with Mr Thompson, as there are limited seats. The Sunday train collection is between 7.00 and 7.30 pm in order for the care staff to be back at school for the other students arriving.

Mr Thompson – Coach House:

07555 416 172

Please could all medical appointments/absences be reported before 9.00 am to the School Office. Please contact the school each day your child is absent; contact by email is fine.

If the illness is more than 5 school days we require a Doctor's Certificate.



## Spring Term 2019

**Monday 25th February 2019**

*Term Commences*

**Friday 1st March 2019**

*Parent Discussion Forum – 2.00 pm*

**Friday 8th March 2019**

*Parents Meetings*

**Friday 5th April 2019**

*Easter Service – 2.15 pm*

**Friday 5th April 2019**

*Term Ends School Finishes - 3.00 pm*