

Centre Academy East Anglia NewsLetter

Spring Term - April 2019

DATES TO REMEMBER

Summer Term

2019

Term

Commences

Mon 29th Apr 19

**May Bank
Holiday**

Mon 6th May 19

Half Term

Fri 24th May 19

**School finishes
at 12.00pm**

**Term
Commences**

Mon 3rd June 19

Dear Parents,

As we finish the term, it is worthwhile to look ahead to the Summer Term, which begins on Monday, 29 April. It is important to note that this term is traditionally short—and its brevity complicates the very significant amount of highly important activities.

In this regard, please note the Exam Schedule and Timetable included in this Newsletter. It would be especially helpful if students about to sit the exams paid particular attention to the Revision Tips that we have included.

One activity that is and will continue to take considerable time is the annual drama production. This year, we are performing the delightful musical, “Mary Poppins Jr” and rehearsals are already well underway. As has become yet another tradition, our students absolutely amaze with their singing and acting talents. The performances are Wednesday and Thursday evenings, 26 and 27 June, so please reserve one or the other of these dates in your diaries.

Finally, please note that Activities Week takes place from Monday to Friday, 1-5 July. Sports Day is meanwhile scheduled for 5 July.

There’s lots more, but it’s best that we save other details for a later edition.

We wish you a happy and healthy Easter break.

*Yours sincerely
Mrs Kim Salthouse
Head of School*

*Dr Duncan Rollo
Principal*

**Centre Academy East Anglia Presents
our Drama Production**



Rehearsals are well under way and we look forward to presenting ‘Mary Poppins Jr’ to all our CAEA Community in the Summer Term.

Exam Timetable 2018

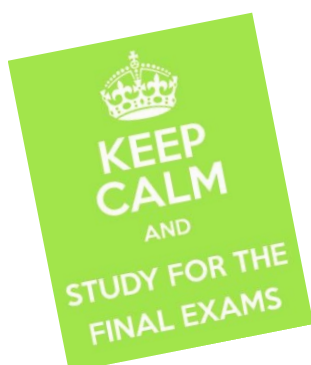
Title	Exam Code	Duration (+25% extra)	Date	Time
Religious Studies	8062/13 8062/16	1hr 45m	Monday 13 th May	1PM
Science: Paper 1 (Environmental Sciences)	8465/1	1hr 45m	Tuesday 14 th May	1PM
English Literature (Shakespeare/Post-1914 Lit)	1ET0/01	1hr 45m	Wednesday 15 th May	1PM
Religious Studies	8062/2A	1hr 45m	Monday 20 th May	9AM
Maths (Calculator)	J560/01/04	1hr 30m	Tuesday 21 st May	9AM
Geography (Physical Geography)	8035/1	1hr 30m	Tuesday 21 st May	1PM
Science: Paper 2 (Environmental Sciences)	8465/2	1hr 45m	Wednesday 22 nd May	1PM
English Literature (C19 th Novel/Post-1789 Poetry)	1ET0/02	2hr 15m	Thursday 23 rd May	9AM
History	8145/1A/B 8145/1B/A	1hr 45m	Monday 3 rd June	9AM
English Language (Fiction/Imaginative Writing)	1EN0/01	1hr 45m	Tuesday 4 th June	9AM
Geography (Human Geography)	8035/2	1hr 30m	Wednesday 5 th June	1PM
Maths (Non-Calculator)	J560/02/05	1hr 30m	Thursday 6 th June	9AM
History	8145/2A/C 8145/2B/A	1hr 45m	Thursday 6 th June	1PM
English Language (Non-Fiction/Transactional writing)	1EN0/02	2hr	Friday 7 th June	9AM
Science: Paper 3 (Physical Sciences)	8465/3	1hr 45m	Friday 7 th June	1PM
Maths (Calculator)	J560/03/06	1hr 30m	Tuesday 11 th June	9AM
Science: Paper 4 (Physical Sciences)	8465/4	1hr 45m	Wednesday 12 th June	9AM
Geography (Geographical Applications)	8035/3	1 hr 15m	Thursday 13 th June	9AM

You will need to arrive for your exams (by the Science Room) 10 minutes before the start time.





- **Start revising early** – i.e. months, not days before the exam; make a timetable to plan your revision and stick to it!
- **Use Revision Guides**
- **In study leave, start revising early** – i.e. 9.00am – that way you will get your day's work done much quicker and will have time to relax in the evening
- **Stick revision notes all around the house** – so in the exam you think – “aha, quadratic equations, they were on the fridge....”
- **Get yourself drinks and snacks** – so you do not make excuses to stop every 10 minutes
- **Sit at a proper desk** – Do not try to revise in bed – you will be in the land of pink igloos and elephants before you can say “Captain Birdseye”
- **Don't put it off** – “Procrastination” is the long word for it. And it means rearranging stuff on your desk, getting a sudden urge after 16 years to tidy your room, playing the guitar, thinking about the weekend, writing love poems about that girl/boy you fancy, painting your toenails, etc., etc.,... Sit down at your desk and GET ON WITH IT
- **Don't just read your notes** – you have to WRITE STUFF DOWN. This is real basic “how to revise” stuff.
- **Don't turn yourself into a revision zombie** – if you stop doing anything else but revision you will turn into a zombie. It is really important that you keep time to do things you enjoy... like cinema, shopping, sports, Frisbee, rock-climbing, making model planes, whatever tickles your ferret... When you're doing these try to relax and totally forget about revision
- **Do lots of practice exam papers** – This is especially important as you get close to the exams
- **Read the exam timetable properly** – double-check so you do not miss an exam and have plenty of time to prepare for it
- **Find the right environment to revise** – NOT in front of the TV. NOT listening to the radio. Music can sometimes be ok, but you need to find the right kind. It's got to be something that is just there in the background that you are not thinking about
- **Don't hang around with the nervous paranoid** – People on the morning of the exam – they will just stress you out



Put on Your Thinking Hats!

This academic year 3VS have worked on problem solving, resolving disputes without arguing and most recently how to recognise an eventuality where there has been a misunderstanding. This term we have explored awkward social situations using popular television and movie clips wearing our colour coded hats. Each student has a role in the discussion culminating in an agreed solution on how the uneasy episodes could be avoided or helped. This is high level social skills work yet great fun. You can see how much 3VS enjoy wearing their hats.

Mrs Driver



UAS Suffolk One

UAS were invited to attend Suffolk One College in Ipswich, to see where Harry is going to college and for them to see if this could be the place for them to eventually transfer to.

We travelled in the school minibus on Thursday 7th March to the college and were warmly greeted by their staff and students. We were shown around all the departments of the college and in the library we participated in a quiz. We had lunch there and afterwards travelled back to school. Upon our return we made thank you cards for Rita, Justine and Mark who had made it possible for us to go to the college. Rita was so pleased with the package of cards that she sent me this lovely email which I have shared with the students and staff at school.

'Thank you so much for my lovely package of cards - I walked into work and it made me smile.

It was so lovely to meet you and your students, what a lovely bunch they were - please tell them thank you for the beautiful cards.

I'm really looking forward to having Harry here next year and meeting you all again in the future.

Take care

Rita Harden

Teacher of Foundation Learning'



On Monday 1st April students set off for the expedition section of their Duke of Edinburgh.

All the pupils worked as part of the team to reach the goal of passing this part of the award. They were amazing and showed a great attitude throughout the 2 days; students were able to work together to build tents, cook meals, and follow the route they planned. It was amazing to see them all get through this part of the exercise and they showed what you can achieve with hard work.

The Duke of Edinburgh is an award that is recognised throughout the world and we will continue to work hard on the volunteering section next term. My hope is that all students who completed the expedition will be able to achieve the award by the end of the school year. I would like to take this opportunity to say how proud I am of the all students and am delighted with their achievements. Amazing!

Mr Stott



History Trip to Framlingham Castle

On Monday 26th March we embarked on a trip to see the 'Castle on The Hill' as part of our GCSE History studies. We have been studying the reasons for and impact of Norman castle buildings and headed off to Framlingham to study the castle grounds.

The weather was glorious, apart from what felt like gale force winds on the castle walls, and we were fortunate to have the place to ourselves. We set about exploring the castle, the motte and remnants of the moat (despite looking, Ed was nowhere to be seen), and students were able to comment on the importance of several features. The views from the top of the walls were amazing, although some students disagreed (it was a long way down), and gave an idea of why the castle was positioned where it was.

We had a great time and found the whole trip really beneficial to understanding Norman Castles.

Castle of the Hill is also thinking of offering sessions more tailored to children with ASD and they will be running trial sessions this Spring and Summer. We will keep you updated when we hear more.

Mr Steward





Swimming

Every week on a Tuesday evening the residential staff take a group of students (both boarding and day students) swimming to Stowmarket Leisure Centre.

They enjoy exercising in a fun way, communicating with the general public and promoting Centre Academy East Anglia in a positive way.



Moreton Hall Health

Every Thursday a group of CAEA Senior students attends a 'gym circuit' class at Moreton Hall Health Club in Bury St Edmunds.

The students thoroughly enjoy this evening activity and, as well as keeping fit, they socialise with each other and meet and communicate with the general public.

The members of the gym circuit class fully embrace our students, as does Neil, the teacher, and they help them when and where necessary.



Student council have once again been working hard towards positive change in the school.



An idea which was raised in student council was to have a walking club for the seniors. This will be taking place on Monday lunch times and will be run by Mrs Driver and myself. We hope to get as many seniors signed up now the summer is here.

Next term the playground area behind the science block will be transformed and we hope that students will be able to benefit from this. Thank you for your continues support

Mr Stott



Comic Relief 2019

On Friday the 15th March, the school participated in Comic Relief. The students were asked to wear something red and bring in a £1 donation. We will hold a Bake Sale.

We have raised the amazing amount of £151.60 for this worthwhile cause.

Thank you everyone.



UAS Bus Trip

UAS are completing a unit entitled 'Planning a Journey Using Two Forms of Transport'.

In Life Skills we looked at the Galloway bus timetables and planned a journey to go to Bury St Edmunds. On Monday 25th March we travelled in the school minibus to Woolpit where public buses pass through the village. We parked the minibus and caught a number 385 bus to The Arc in Bury St Edmunds. All students had money and had to ask for a return journey to The Arc, take their ticket, put the ticket away safely and take their change. The journey took 40 minutes as we journeyed through many villages. We had an hour and a half in Bury St Edmunds looking at the variety of shops. Whilst in the café, which was very busy, the students behaved impeccably. They chatted to staff and customers who complimented them on their behaviour and manners. Nobody lost their return ticket so we all managed to get back on the return bus and travel back to Woolpit where we boarded the minibus and returned to school just in time for lunch.



Mrs Shaul



General Information

• START OF THE SCHOOL DAY

- Please remember that students are not to be dropped off at the school before 8.00 am. Prior to that staff are not in their places and we cannot therefore ensure the students security.

• UNIFORM

- Please remember that all uniforms and casual clothes must have the student's name in, as we do collect a significant amount of lost property.

• PARENTS OF BOARDERS

- All boarding students must have a dressing gown and slippers (or flip flops) at school.
- Aside from the obvious benefits of such apparel, the children require such protection when, for example, we have night-time fire drills, which by law we must have each term.

• OUTDOOR CLOTHING

- During the cold months please could all students have winter clothing: wellies, coats, hats and gloves.
- During the summer months, please could students have a hat and sun cream.
- Thank you.

REMINDERS

Please be aware that boarding staff are officially on duty on a Sunday evening at 7.00 pm. Please could any communication regarding trains or general boarding questions be made during the week and not during the weekend. Sending texts to either confirm or decline train pick up is appreciated. However, texts and phone calls which require decision-making should be made during the school week. Please also be aware that if your child requires collection from the station on a Sunday night, this should be arranged previously with Mr Thompson, as there are limited seats. The Sunday train collection is between 7.00 and 7.30 pm in order for the care staff to be back at school for the other students arriving.

Mr Thompson – Coach House:

07555 416 172

Please could all medical appointments/absences be reported before 9.00 am to the School Office. Please contact the school each day your child is absent; contact by email is fine.

If the illness is more than 5 school days we require a Doctor's Certificate.

Medical Reminders

If your child requires any medication, please ensure that this is handed into the office or Mrs Beadman. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the student's name and the instructions of administration.

Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school.

Calendar

Summer Term 2019

Term Commences	Mon 29th Apr 19
May Bank Holiday	Mon 6th May 19
Half Term	Fri 24th May 19
	School finishes at 12.00pm
Term Commences	Mon 3rd June 19
Assessment Week	Mon 17 – Fri 21 June 19
School Play	Wed 26 June 19 -7.00pm
	Thu 27 June 19 – 7.00pm
Parent Meetings	Fri 28 June 19
Prize Day & Graduation	Sun 30 June 19
Activities Week	Mon 1 – Fri 5 July 19
Sports Day	Fri 5 July 19 – 1.00 – 3.00pm
	School Finishes – 3.00pm