Centre Academy East Anglia December Newsletter 2019

Dear Parents,

As we write this, it is dank and dreary day outside – but there is enough warmth and good cheer within CAEA to more than compensate. This is the most special time of year, a time in which we can all reflect on the many positive aspects of our lives.

For us, as you will understand, many of those positives are found throughout the school and especially in the sense of belonging and accomplishment that distinguish our students. They certainly learn from the commitment and expertise of our entire staff; they, and us, are constantly learning from them, our students.

Not all of the educational experience takes place within our classrooms. As you will see from this special edition of our Newsletter, our students have profited from a number of trips and other activities during the last number of weeks.

Time now to close. We wish you the happiest of holiday seasons and a wonderful 2020.

Yours sincerely Mrs Kim Salthouse Head of School

Dr Duncan Rollo Principal **Dates to Remember**

Spring Term Commences: Monday 6th January 2020

Half Term: Friday 14th February 2020 – Sunday 23rd February 2020

Please note: Friday 14th February 2020 School Finishes – 12.00 pm







TOP 0 TIPS FOR REVISION







No, we're not talking about setting the alarm for 5am. Start in February, so you're not pulling all-nighters the week before your exams.

QUIET PLEASE!



Irritating siblings driving you up the wall and away from your studies? Get Mum or Dad to lay the law down so you can revise without distractions.

FIND MEMORABLE WAYS TO REMEMBER THINGS



Henry Eight had six mates. He went to heaven in 1547. Then it was Liz who did the biz, And in 1603 she was RIP.

TEAMWORK WORKS



There's no 'i' in team (even though there are two in revision). Anyway, revising with a friend can make it easier to stick to a regular schedule.

DON'T FALL IN LOVE



It's hard to think about the Napoleonic Wars with a new worldie on your mind. For just a few months, don't listen to your heart, listen to your teachers.

WORK NOW, PLAY LATER



Despite sharing the same last three letters, procrastination and revision don't go well together. Work ASAP, so you can relax later without guilt.

TAKE BREAKS



If that's all you do, you're heading for trouble. But if you've been studying for an hour and your concentration starts to wander, it's time you did too.

MAKE REVISION REWARDING



LISTEN TO YOUR

Night owl or morning person? (If you're not one, morning people are harder to like than Mondays). Revise when you have most energy.

Do what you don't like (revision), then do what you do like (gaming, socialising and telling mates you haven't even started revising yet).

MAKE THINGS MORE COLOURFUL



Looking at a wall of words in blue or black ink is enough to make anyone see red. Different colours make revision notes memorable.

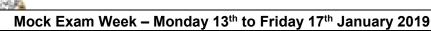
STABILO

SENSOR









Wock Exam Week - Monday 13 to Friday 17 Sandary 2019					
	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9:00 am start	English Language	Maths (Calculator)	Geography	English Literature	Maths (Non-
					Calculator)
Afternoon	Science	History	Science	RE	
1:45 pm start					

Senior's Cinema Trip

On Tuesday 12th November 36 students and teachers from Centre Academy East Anglia journeyed in 3 minibuses to the Empire cinema in Ipswich to see Green Book.

Synopsis: Dr Don Shirley is a world-class African-American planist, who is about to embark on a concert tour in the Deep South in 1962. In need of a driver and protection, Shirley recruits Tony Lip, a tough-talking bouncer from an Italian-American neighbourhood in the Bronx. Despite their differences, the two men soon develop an unexpected bond while confronting racism and danger in an era of segregation.

The film directed by Peter Farrelly was released in February of this year and won an Academy Award for Best Picture. It was an excellent film and everyone thoroughly enjoyed watching it. We were given our 36 seats for free from the Into Film Festival as part of their 3 week Film Festival.



Art Trip

On Thursday 14th November senior groups, 1MC, 2VS and 3SL art students visited the Sainsbury Centre for Visual Arts at the University of East Anglia to see the exhibition, 'The Journey of Things' by acclaimed ceramist Magdalene Odundo.

This major exhibition brought together more than 50 of her works. They were shown alongside a large selection of objects chosen by Odundo from across the globe, spanning 3000 years, revealing the rich and diverse range of objects and making traditions.

The main focal point and highlight of the visit was a unique installation using 1001 individual suspended glass pieces created in collaboration with leading British architect, Sir David Adjaye OBE. This showcase really impressed the group and made them consider all the different elements that go into making a piece of art.

The visit concluded with an informal question and answer session within the centre's permanent art collection that included works by well-known artists such as Francis Bacon and Barbara Hepworth. Our volunteer guide was again excellent and provided a wealth of knowledge and understanding, interacting with the group In a positive and enthusiastic manner. Overall a successful visit that helped open the minds of our students.

Mr Lloyd and the students would like to thank Mrs Beadman for her help and co-operation in helping to organise the trip.



American Diploma – RSPB Minsmere Trip Thursday 28 November 2019

Last Thursday the American Diploma class visited the RSPB Minsmere nature reserve. The students have two lessons per week on Environmental Science and this term we have looked at the protection of habitats and conservation. The biodiversity at Minsmere is immense, greater than that found at any other site of similar size in the UK. There's an old conservation adage along the lines of 'provide nature with a home and nature will find it'. Wildlife does just that at Minsmere. Its dazzling array of habitats is the key to the diversity of wildlife the reserve supports — about 6000 species all told. On arrival we met with the RSPB learning officer who acted as our guide for the day. Each student was lent some binoculars to use.



Everyone was eager to see the life-affirming mosaic of many different habitat types that Minsmere offers. Over the day we saw vast, rippling reed beds, shimmering purple heaths, extensive woodlands and wetlands, coastal scrub, grazing marsh and shingle beach.

First, we visited the beach and then crunched along the sand-swept shingle to a hide. We found a baby sea urchin, which really excited our guide as it was the first, he had seen at Minsmere. On the way he taught us how to read wild deer tracks.

In the distance on one side we saw the crumbling cliffs of constant coastal erosion that is the diminishing Dunwich Heath. The RSPB have already put in foundations which will become a new seawall once the area is flooded and we were shown which part of the reed meadow will be completely under water in about 10 years' time. The wall will keep safe the main portion of the reed beds for the wildlife.

Further up the coast we could see the Sizewell Nuclear Power Station, an ever-constant reminder of the threat of two new nuclear reactors being built which could potentially wreck the area for wildlife for a decade.

There are a number of bird watching hides overlooking reed beds and at strategic points around a place called the *Scrape*, which is often referred to as the *'Wembley stadium of bird watching'* and is the world's first artificial wetland literally scraped out of the marsh.

We mingled with the general public in the hide and there was that buzz of excitement if a rare bird came in sight. It was an overcast grey day at the start and the birds seemed rather indolent. We spotted cormorants, geese and various types of duck and waders. From 2014 - 2016 Minsmere hosted the hugely popular BBC Springwatch series which many of our students remembered viewing.

For lunch we had a kitchen all to ourselves in the Discovery Centre. We then headed off to see the café / shop to get hot drinks and cakes or Christmas gifts. In the afternoon we spent some time doing

some hands-on conservation work, which the students really enjoyed. We drove out to quite a remote part of the site and first the students were taught how to safely use some tools, such as a bow saw. Students then spent some time clearing unwanted plant growth on the heathland to provide more habitats for wildlife. They worked well as small teams and everyone felt some satisfaction that they had managed to clear quite an area in such a short space of time. All students agreed it had been a great day out, both educational and fun. Only after such a day does tiredness set in, at least one student fell asleep for most of the way back to school.



'Peter Pan' at Bury St Edmunds Theatre

Our students attended the performance of 'Peter Pan' at the Theatre Royal in Bury St Edmunds on Wednesday 11th December. The Theatre Royal is one of Britain's most significant theatre buildings and the last surviving Regency playhouse in the country. Built in 1819 and restored to its Regency origins, this intimate Grade 1 listed building is the only theatre on National Trust property. Students and adults alike enjoyed the performance where Peter Pan takes the audience and Wendy to Neverland. We were introduced to the outrageous



Tiger Lily, fiendish pirates, funky mermaids and an incredibly hungry crocodile: all you would expect from a classic family Panto. The cast were excellent, and we laughed and shouted until our throats hurt. A big thank you to all our students and staff who attended the trip. Fun was had by all!





UAS Trip

On Wednesday 13th November UAS were given a task to help with their Life Skills.

We went to two supermarkets in Stowmarket, a small COOP and the Superstore, TESCO. The students were asked to buy a product suitable for giving to a Foodbank for £1 or less in each of the stores. We had a lot of discussion about the kind of products that would be suitable to donate and how many items we could buy for a £1.

Once the students had chosen their items they went to the till, paid for them and waited for the receipt and change. They then took their items to the collection area for the Foodbank.

All the staff and shoppers in the stores were very impressed by the students' behaviour, politeness and efforts to help the poor of Stowmarket.







Therapy

The Senior students have been developing their ability to debate and give presentations.

This term they practised these skills beyond the social skills lessons by taking part in the CAEA General Election. Representatives for 3 parties: The Gaming Party, The Free Lunch Party (FLP) and The Football Party put forward their mandates to Ms Salthouse and began their campaigns. Using their persuasive language skill, they engaged with students across the school, encouraging them to vote.

The party leaders went Head to Head in assembly and demonstrated respectful arguments.

All students learnt the meaning of "democracy" and what an election involves culminating in a whole school Election Day.

Congratulations to the winning FLP Party. Here is their leader, Euan, casting his vote in true Churchillian style.



ASTRONOMY: ROADSHOW

'The Astronomy Roadshow'

On Friday 22nd November students in every tutorgroup participated in 'The Astronomy Roadshow'. Peter Bassett from Sittingbourne in Kent visited CAEA with his inflatable planetarium.

Throughout the morning there were three presentations given to the students which included the solar system, eclipses, gravity, astronauts on the moon, shooting stars, the northern lights, phases of the moon, lifecycle of the sun and much much more.

The presentations were educational as well as fun and were tailored for each audience according to age range.

The students really enjoyed the experience.

Communication Café

Run exclusively by students from 1MC and the American Diploma group, the Communication Café is now open. Its purpose is to encourage and develop students listening, organisational and social skills, and these objectives are met as the students plan menus, organise the work, take orders and make change. At bargain prices, the café offers various goodies, including fruit skewers, gingerbread biscuits, sausage rolls (provided by Mrs Jones' cooking classes) and, of course, tea and coffee. As for the profits – the money is going to Mrs Schears towards adopting an elephant!





On Friday 15th November all students and staff participated in 'Children in Need'. Students and staff were asked to wear any items in relation to 'spots'.

Thank you to all who donated. We raised the amazing amount of £88.00





OPERATION CHRISTMAS CHILD

On Thursday 21st November the UAS group went to St John's Church Ipswich to deliver Centre Academy's Operation Christmas Child boxes and to help with the sorting of boxes. Our students thoroughly enjoyed the morning and were all extremely polite and helpful.

Centre Academy parents, pupils and staff made 36 boxes. Thank you to everyone who participated in making up the boxes it was very much appreciated.

Our boxes will be delivered to Central Asia or Albania over the next month.

General Information

•START OF THE SCHOOL DAY

• Please remember that students are not to be dropped off at the school before 8.00 am. Prior to that staff are not in their places and we cannot therefore ensure the students

•UNIFORM

- Please remember that all uniforms and Casual clothes must have the student's name in, as we do collect a significant amount of PARENTS OF BOARDERS
- •All boarding students must have a dressing gown and slippers (or flip flops) at school.
- •Aside from the obvious benefits of such apparel, the children require such protection when, for example, we have night-time fire drills, which by law we must have each term.
- OUTDOOR CLOTHING
- •During the cold months please could all students have winter clothing: wellies, coats, hats and gloves.
- •During the summer months, please could students have a hat and sun cream. •Thank you.



If you child requires any medication, please ensure that this is handed into the office or Mrs Beadman. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the students name and the instructions of administration.

Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school.



Please be aware that boarding staff are officially on duty on a Sunday evening at 7.00 pm. Please could any communication, regarding trains or general boarding questions be made during the week and not during the weekend. Sending texts to either confirm or decline train pick up is appreciated. However, texts and phone calls which require decisionmaking should be made during the school week. Please also be aware that if your child requires collection from the station on a Sunday night, this should be arranged previously with Mr Thompson, as there are limited seats. The Sunday train collection is between 7.00 and 7.30 pm in order for the care staff to be back at school for the other students arriving.

Mr Thompson - Coach House:

07555 416 172

Please could all medical appointments/absences be reported before 9.00 am to the School Office. Please contact the school each day your child is absent; contact by email is fine.

If the illness is more than 5 school days we require a Doctor's Certificate.



Spring Term 2020

Spring Term Commences:

Friday 3rd January **Teachers Inset Day** Monday 6th January **Term Commences**

Half Term:

Friday 14th February – Sunday 23rd February

Friday 14th February

School Finishes – 12.00 pm 12.30 Teachers Inset - pm

Term Commences

Monday 24th February

Parent Discussion Forum - 2.00 pm

Friday 28th February

Parents Meetings

Friday 6th March

Easter Service - 2.15 pm

Friday 27th March

Term Ends School Finishes - 3.00 pm