

Centre Academy East Anglia December Newsletter 2021

Dear Parents,

As you'll know, like any school, CAEA is much more than books and schedules and pupils and teachers. With that in mind, we thought you would find this Collage of the school of interest. Enjoy!

We want to extend our very best wishes to you and to your family for the holiday season. We look forward to having 'our' CAEA Family back in the New Year.

As 'Tiny Tim' said in Dickens' A Christmas Carol, "God Bless Us, Everyone".

Kind regards,

*Mrs Kim Salthouse
Head of School*

*Dr Duncan Rollo
Principal*

Dates to Remember

**Spring Term
Commences:
Monday 10th January
2022**

**Half Term:
Friday 18th February
2022 – Sunday 27th
February 2022**

**Please note:
Friday 18th February
2022
School Finishes –
12.00 pm**

*Merry Christmas and
Happy New Year
From all the staff at
Centre Academy East Anglia*



TOP 10 TIPS FOR REVISION

STABILO

START EARLY

No, we're not talking about setting the alarm for 5am. Start in February, so you're not pulling all-nighters the week before your exams.

QUIET PLEASE!

Irritating siblings driving you up the wall and away from your studies? Get Mum or Dad to lay the law down so you can revise without distractions.

FIND MEMORABLE WAYS TO REMEMBER THINGS



Henry Eight had six mates. He went to heaven in 1547. Then it was Liz who did the biz, And in 1603 she was RIP.

TEAMWORK WORKS



There's no 'i' in team (even though there are two in revision). Anyway, revising with a friend can make it easier to stick to a regular schedule.

DON'T FALL IN LOVE



It's hard to think about the Napoleonic Wars with a new worldie on your mind. For just a few months, don't listen to your heart, listen to your teachers.

WORK NOW, PLAY LATER



Despite sharing the same last three letters, procrastination and revision don't go well together. Work ASAP, so you can relax later without guilt.

TAKE BREAKS



If that's all you do, you're heading for trouble. But if you've been studying for an hour and your concentration starts to wander, it's time you did too.

MAKE REVISION REWARDING



Do what you don't like (revision), then do what you do like (gaming, socialising and telling mates you haven't even started revising yet).

LISTEN TO YOUR BODY CLOCK



Night owl or morning person? (If you're not one, morning people are harder to like than Mondays). Revise when you have most energy.

MAKE THINGS MORE COLOURFUL



Looking at a wall of words in blue or black ink is enough to make anyone see red. Different colours make revision notes memorable.

#MAKE YOUR MARK

REVISE WITH STABILO

Mock Exam Week – Monday 17 th to Friday 21 st January 2022					
	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9:00 am start	English Language	Maths (Calculator)	Geography	English Literature	Maths (Non-Calculator)
Afternoon 1:45 pm start	RE	History	Science	Science	Drama (1.00pm start)



Spooktacular/Bonfire Night – Wednesday 3rd November 2021

On Wednesday 3rd November we held our Spooktacular and Bonfire event. Student Council raised the amazing amount of £122.10p. Well done to all.





UAS and Ms Martin - Newsletter Articles

Baylham House Rare Breeds Farm

In October Unit Award Class (UAS) enjoyed a trip to Baylham House rare breeds farm, where they interacted with, and learnt about many different breeds of animals. Firm favourites were the goats and the huge Highland Bull! Students got to feed various animals and pet them. While at the farm students also enjoyed the café where they were responsible for budgeting what they could order, ordering appropriately and checking change. The trip was not only enjoyable but helped students achieve several different award certificates.

Operation Christmas Child

In November UAS helped Mrs. Shaul deliver the Operation Christmas Child boxes to a local collection point. This charity drive is run by Samaritans Purse every year. They ask that participants, fill a shoebox with appropriate gifts and toiletries to send to a child in need somewhere around the world. UAS were very proud that between our small class we managed to contribute 5 boxes.



UAS group Christmas cakes 2021

Did you know that the Christmas cake actually started life as a plum porridge?

This was designed to line peoples stomachs after a day of religious fasting. Soon other fruits and a dash of honey joined the plums and started to become the Christmas cake that we know today. Around the 16th Century people began to use the richer ingredients so the oats were removed and flour and eggs added so it started to resemble the kind of cake that we see today. Spices that had started to be brought over from the east were then added to symbolise the three wise men. Richer families could also afford to wrap their cakes in marzipan to add another sweet treat.

These days most Christmas cakes are made in advance with festive bakers feeding their cakes with brandy, sherry or whiskey until the big day.

UAS group have enjoyed making a traditional Christmas cake and decorating with their individual designs and discovering the origins of this festive favourite.

Mrs Jones



Art Trip

On Tuesday 9th November art students from American Diploma and 1SL visited the Sainsburys centre for Visual Arts at the University of East Anglia, Norwich to see the exhibition, 'Usagi in Wonderland' by Japanese/Swiss artist Leiko Ikemura.

The exhibition presented a number of art pieces ranging over a 30-year period in her first UK presentation exploring the circle of life through nature and human experience. Students enjoyed the variety of work on display that ranged from large scale paintings, glass and ceramic sculptures, installations, sketchbook studies and black and white photography. The conceptual nature of the work conjured up interesting debate together with an abstract style that fascinated and intrigued.

Overall, the display helped demonstrate to the group the importance and purpose of using personal experiences and beliefs to create their own meaningful work. In addition, the group visited the permanent collection that includes an excellent range of historical and contemporary art pieces collected by the Sainsburys family.

Following this, the group enjoyed a leisurely walk around the centres sculpture park. We took advantage of the lovely weather and viewed a range of sculptures of variant sizes, materials and subject matter set against woods, lakes and heathland. Each sculpture provided a different interaction and experience for the students and left them with a fresh perspective on creating art and some enjoyable memories from the day.

Mr Lloyd and the students would like to thank Mrs Beadman for her assistance in arranging the trip.

By Mr Lloyd.



ISA Christmas Art Banner Competition

Our junior class 5SWR have participated in this year's ISA Christmas Art Banner Competition. The students worked really hard and are very excited about taking part in the completion. Good luck to all our students.

ISA ARTS

ISA Christmas Banner Competition 2021



ISA ARTS

ISA Christmas Banner Competition 2021



ISA ARTS

ISA Christmas Banner Competition 2021



ISA ARTS

ISA Christmas Banner Competition 2021

Banner Template



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ISA Christmas Banner Competition 2021

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OPERATION CHRISTMAS CHILD

On Wednesday 17th November the UAS group went to Sarah's Attic at Bridge Farm Barns (formerly known as Corn Craft) situated at Monks Eleigh to deliver Centre Academy's Operation Christmas Child boxes and to help with the sorting of boxes.

Our students thoroughly enjoyed the morning and were all extremely polite and helpful.

Thank you to everyone who participated in making up the boxes it was very much appreciated.



Elf Day Fundraiser

On the 3rd December, UAS class held a fundraiser for the Alzheimer's Society. This charity was picked from a short list, by the students as they all felt it was a worthy cause. They decided to host an Elf Day at school for their peers to enjoy. As well as holding a 'wear red, green or stripes' day, UAS made up bags of Elf snacks, candy cane reindeer and lucky dip snack bags to sell during morning break. The class also ran several competitions, all with an Elf theme. UAS made all promotional posters, shopped for competition prizes, decorated the venue, ran the stalls and created all goods sold. As well as raising an amazing £250 pounds for the charity, their industry meant that each student achieved two different UAS certificates in charitable actions. Much fun was had by all and students have already commented that they hope it happens again next year!





Dear Parent/Carer,

I am writing to you to share some positive news, this year our school has made the decision to work towards Eco-Schools Green Flag accreditation (see <https://www.eco-schools.org.uk/> for more information).

Eco-Schools began in 1994 and is the largest educational programme on the planet (there are currently 70 countries delivering the Eco-Schools programme around the world), in England it is operated by the environmental charity Keep Britain Tidy. The Eco-Schools programme focuses on empowering young people to lead environmental education and action. It does this by providing a simple, seven-step framework that gives students a voice, which allows them to plan and implement environmental projects in their school, local community and beyond.

There are multiple reasons we have decided to embark on the journey to Eco-Schools Green Flag. Firstly, our planet (and all life on it) is already beginning to feel the catastrophic effects of climate change, plastic pollution, biodiversity loss and a myriad of other environmental challenges. In our school we don't want our student-body to avoid, ignore, shy-away or cower from these challenges, this will not help. Instead, we want to openly discuss the problems we all face and tackle them head-on together. Through this approach, we hope to make a positive difference now, whilst empowering our students with the knowledge and skills they need to continue making a positive difference as they grow to become leaders, decision-makers and educators themselves.

Alongside benefitting our planet, participation in the Eco-Schools programme will also benefit our school and its students. Independent research has found that student participation in the Eco-Schools programme leads to: increased confidence, development of leadership skills, improved behaviour and greater motivation – all of which are important life-skills our learners will need when they move on to further education or employment. It is also proven that Eco-Schools consume less water, use less energy and produce less waste, creating financial savings which can then be spent on additional educational resources.

You may be reading this and wondering, 'How does this impact me?' Well, our students are yet to decide on the environmental actions our school will embark on, so a detailed answer is difficult at the moment. However, over the coming months you may notice you have a son or daughter who is gradually becoming more interested in environmental issues. This interest may manifest itself in anything from an increased willingness to watch the news to regular requests for plant-based dinners. And whilst, as mentioned, it is impossible for us to say exactly how the programme will impact you, we are definitely able to say that our school is doing its very best to protect our planet, so your child can have the best possible future.

I hope you're as excited about our Eco-Schools journey as everyone at school is - if you would like to find out more, or get involved, please feel free to contact me directly.

Ms C Schears,
Eco-Coordinator
cschears@centreacademy.net

www.eco-schools.org.uk

The Great Big Lesson for Climate & Nature



On 5 November, rather than their usual science lesson, two classes from CAEA, and Ms Schears our science teacher were able to link in remotely to the “*Great Big Lesson for Climate and Nature*” which was a huge and interactive online lesson, broadcast live from COP26 for secondary schools and colleges across the UK.

The aim of the lesson was to turn COP26 into a classroom for everyone – turning learning into action by equipping students not only with knowledge but the ability to communicate about and act upon the climate and nature crisis.

The lesson offered a dynamic and interactive exploration of topics ranging from the future of food, health of our soil and technologies that can help put nature first and be Nature Positive.

Certainly, the experience offered students at CAEA an inspiring way to understand and feel part of this crucial global gathering and all students learnt something new and felt empowered as a result.

Miss Schears
Science Teacher

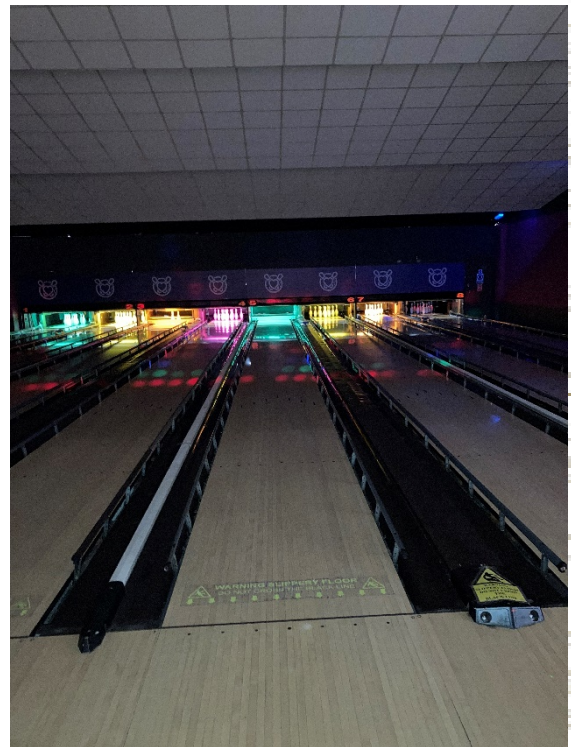
Boarding

During the Autumn Term the boarders with Mr Thompson and Mrs Shaul have participated in weekly outings.

They have all had great fun going to The Regal Cinema in Stowmarket, Ipswich Buttermarket, Tenpin Bowling Ipswich (in Martlesham), Felixstowe Seafront and Bounce Trampoline Centre in Ipswich.

Every week we have also had a 'snack shopping' outing to Tesco! One of the week's we took all the food that was contributed to the school Harvest Festival appeal to Tesco Foodbank.

The food was greatly appreciated and we would like to thank everyone who contributed.



General Information

•START OF THE SCHOOL DAY

- Please remember that students are not to be dropped off at the school before 8.10 am. Prior to that staff are not in their places and we cannot therefore ensure the students security.

•UNIFORM

- Please remember that all uniforms and casual clothes must have the student's name in, as we do collect a significant amount of lost property.

•PARENTS OF BOARDERS

- All boarding students must have a dressing gown and slippers (or flip flops) at school.
- Aside from the obvious benefits of such apparel, the children require such protection when, for example, we have night-time fire drills, which by law we must have each term.

•OUTDOOR CLOTHING

- During the cold months please could all students have winter clothing: wellies, coats, hats and gloves.
- During the summer months, please could students have a hat and sun cream.
- Thank you.

REMINDERS

Please be aware that boarding staff are officially on duty on a Sunday evening at 7.00 pm. Please could any communication regarding trains or general boarding questions be made during the week and not during the weekend. Sending texts to either confirm or decline train pick up is appreciated. However, texts and phone calls which require decision-making should be made during the school week. Please also be aware that if your child requires collection from the station on a Sunday night, this should be arranged previously with Mr Thompson, as there are limited seats. The Sunday train collection is between 7.00 and 7.30 pm in order for the care staff to be back at school for the other students arriving. Mr Thompson – Coach House: 07555 416 172

Please could all medical appointments/absences be reported before 9.00 am to the School Office. Please contact the school each day your child is absent; contact by email is fine.

If the illness is more than 5 school days we require a Doctor's Certificate.

Medical Reminders

If your child requires any medication, please ensure that this is handed into the office or Mrs Beadman. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the student's name and the instructions of administration.

Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school.

Calendar

Spring Term 2022

Spring Term Commences:

Friday 7 th January	Teachers Inset Day
Monday 10 th January	Term Commences

Half Term:

Friday 18 th February – Sunday 27 th February	
Friday 18 th February	
School Finishes – 12.00 pm	1.00 Teachers Inset – pm

Term Commences

Monday 28th February

Term Ends

Friday 1 April
Term Ends School Finishes - 3.00 pm