

The internet is a wonderful thing.

The worlds biggest library at our fingertips.

We encourage our students to use the net to research all kinds of subjects.

We all use social media to keep in touch with friends and family.

Social media and the net can be positive and uplifting.

Video games can be distracting and fun.

You knew there was a but!

Molly Russell's inquest to put focus on big tech



Almost five years after she took her own life, the inquest into the death of teenager Molly Russell is due to begin.

Molly, 14, killed herself in 2017 after viewing material about self-harm, suicide and depression, on social media sites such as Instagram and Pinterest.

In the last six months of her life, Molly used her Instagram account up to 120 times a day, liking more than 11,000 pieces of content. She is thought to have used the image-sharing site Pinterest more than 15,000 times over the same period.

The coroner, Andrew Walker, has already been warned that some of the content is "pretty dreadful" and difficult even for adults to look at for extended periods of time.

This recent news story highlights the reasons why we would like you to work with us to keep your children safe while they use social media and the internet.

In school we have a Sophos firewall which allows us to rigorously monitor the sites that our students can visit.

Our concern is that, when not in school, students have no such controls in place.

We would ask that parents have an idea of what their children are viewing online.

Chat groups – Some of our classes have created group chats using some of the more popular apps.



While it is nice that our students keep in touch out of school we sometimes have to resolve issues that have happened on these chat groups. This often involves upset children and can carry over and disrupt school time.



Chat groups -

When using these apps to access chat groups children need to be sure that they are safe. Often, with the wrong privacy settings outsiders can gain access or be invited in by an unsuspecting group member.





Privacy settings!

All social media and chat apps have privacy settings. We suggest that you make sure that your child's accounts gre set to the highest levels to minimise any risk to your child.



Visible to people you're connected with, follow these simple steps:

- 2. Tap on your photo in the upper left corner to open your Profile. 3. Tap on the Settings icon in the upper right corner of your screen.

From experience we know that keeping tabs on what your child is watching online is very difficult.

In school we have a Sophos firewall which allows us to control the sites that our students can visit.

Our concern is that, when not in school, students have no such controls in place.

We would ask that parents have an idea of who they are talking to and what their children are viewing online.



Computer/video games!!

Gaming is popular across the school. All ages take part and I would estimate that 90% of our

students participate.



There are many concerns about computer games. Some include -The representation of women. In many games female characters are scantily clad and sexualised.





Many games (especially 18+) show violence and images that might worry young children.

We would urge you to make sure that games your children play are age appropriate.

Often games are accompanied with an open chat room. Young people can be subject to abuse from other players and inappropriate language and attitudes.

Gaming addiction classified as disorder by WHO

By Jane Wakefield Technology reporter

③ 2 January 2018 · ₱ Comments





According to an Oxford University study, boys are more likely to spend time gaming than girls

Gaming addiction is to be listed as a mental health condition for the first time by the World Health Organization.

Its 11th International Classification of Diseases (ICD) will include the condition "gaming disorder".

In 2018 the world health organisation classified gaming addiction as an official mental health condition.

In the light of this we would ask you to monitor the time your child spends gaming.

A tired child has difficulty learning.

There are many sites that our students enjoy. A lot of these sites are well moderated and reasonably safe. Sadly no site is totally safe. Here are some examples from the national online safety pages.

YouTube kids

Although YouTube Kids is obviously intended to be (and mainly succeeds in being) an extremely child-friendly platform, it has still raised concerns over its advertising policy as well as inappropriate content seeping through the curation process.

YouTube

You tube is more open than the kids version and is susceptible to Inappropriate content, challenges, scams and connecting with strangers.



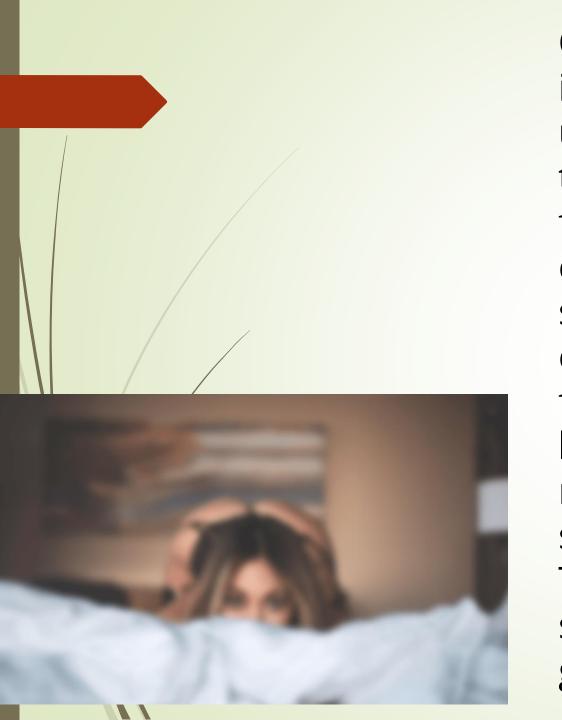
TikTok

TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around 1 billion active users worldwide.

There are a number of potential risks such as ageinappropriate content, addiction and in-app spending.



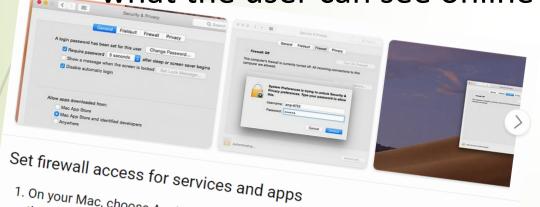




OnlyFans is an online platform, created in the UK. It is free to join either as a user or creator, but creators monetise their content by charging subscription fees for users to view it. This content can take the form of photos, videos, live streams and one-to-one chats. In many cases, users are required to pay extra for any additional content they would like to access. The site has around 50 million users worldwide and is aimed squarely at an adult audience. There are a number of potential risks such as explicit content, online grooming and potential financial costs.

While in school I an confident that our students are safe because of our firewall.

Did you know that most devices have settings to limit what the user can see online?



- 1. On your Mac, choose Apple menu > System Preferences, click Security & Privacy , then click Firewall. If the lock at the bottom left is locked , click it to unlock the 2. Click Firewall Options. ...
- 3. Click the Add button under the list of services, then select the services or apps

Block connections to your Mac with a firewall - Apple Support



Thank you for reading.

May I leave you with a few tips for safe browsing on the wonderful world wide web.

- 1. Keep Personal Information Professional and Limited
 - 2. Keep Your Privacy Settings On
 - 3. Practice Safe Browsing
- 4. Make Sure Your Internet Connection is Secure. Use a Secure VPN Connection
 - 5. Be Careful What You Download
 - 6. Choose Strong Passwords
 - .7. Make Online Purchases From Secure Sites
 - 8. Be Careful What You Post
 - 9. Be Careful Who You Meet Online
 - 10. Keep Your Antivirus Program Up To Date