



COMMUNITY
ACCEPT
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ACHIEVE



Centre Academy East Anglia Newsletter

Autumn Term October 2022

Dear Parents,

I hope you are all well and enjoying the beautiful month of October.

I would like to say a big thank you for your messages of support on my new position as Head of school - it really does mean a lot. I know with the support from the proprietors, amazing staff and pupils, Centre Academy is going to have a fantastic year.

The students are working exceptionally hard and much of this newsletter is dedicated to their recent school visits. We are very proud of our students work and behaviour on their journeys away from school. They really are a credit to Centre Academy, and I would also like to take this opportunity to thank all the staff, who are working so hard in arranging these trips.

Behind the scenes work continues within the grounds of school and development of our beautiful gardens, although our pond is still looking a little dry!

The therapy team are growing, and we now have access to a play therapist on a weekly basis. We are also very proud to be opening our Sensory room after half term and look forward to offering our parents the opportunity to attend a therapy evening with our therapists who help support our pupils.

Lastly, we are really excited to invite you all to our first ever Bonfire and Firework Extravaganza on the 9th November 2022. The staff and school council are working hard to ensure that this is a wonderful event so please come along and support us. We will be raising funds for the Gee Wizz charity on that evening full details will follow in parent communication.

Have a lovely half term.

Yours faithfully

Lisa Gilbert
Head of School

Parent Meetings Wednesday 23rd November 2022

Zoom meetings scheduled from 2.00
to 3.00pm

Meetings held in person from 3.00 to
4.00pm

If you would like to book a meeting
with your child's tutor please email
Mrs West to arrange your meeting no
later than Friday 18th November 2022.



Mon 7 Nov 22

Term Commences

Wed 9 Nov 22

Bonfire Night – 6.00 pm

Wed 23 Nov 22

Parents Meetings – 2.00 to 4.00pm

Fri 16 Dec 22

Carol Service – 2.15pm – All parents welcome

Term Ends - School Finishes - 3.00 pm

Stalls



**Treats for
sale**



Beverages



Wednesday 9th November 2022

Centre Academy East Anglia

Would like to Invite our school community and

Brettenham Village residents to our

Bonfire and Firework Extravaganza!!

Gates Open at 6.00pm

Free Admission by ticket only,

Limited Spaces!

Tickets Available from the school office.

**Music by
Brooke Telling**



Raising money for



Halloween Costume - If You Dare!!

**Purchase delicious burgers
from the famous**

**Wagyu Burgers and Street
Food Van**

Theatre Trip to see *The Importance of Being Earnest*

On the 28th September, English and Drama students in 1MC, 2CS and Am Dip were invited on a trip to the New Wolsey Theatre in Ipswich to see *The Importance of Being Earnest* by Oscar Wilde. This was an English Touring Theatre production, working in partnership with Leeds Playhouse and Rose Theatre, directed by the 2021 Royal Theatrical Support Trust Sir Peter Hall Directors Award-winner, Denzel Westley-Sanderson.



GCSE Drama students are required to study this play for performance to an external AQA examiner in the Spring Term 2023. For the students who do not study GCSE Drama, this trip gave them the experience of seeing a live performance of a play, which will assist them with the study of set texts in English Literature or the Diploma American Literature.

The trip was enjoyed by all and generated topics of conversation that demonstrated the maturity and educational ability of our students. As always, their behaviour was exemplary, and they were a credit to themselves and CAEA.

A big thank you to Mrs Beadman and Mr Craddock for accompanying us and making sure we got there and back comfortably and safely; they also enjoyed the opportunity to watch the play!



4KB have wrote the following poem during their English lesson and would like to share it with the CAEA community.

Autumn Morning

On a clear autumn morning I can see:

Colourful leaves drifting down from the sky.

Soft white fluffy feathers beneath my feet.

Rusty brown leaves scattered on the grass.

Shiny, hard conkers falling without warning, landing with a thud.

Rust-inspired orange and yellow autumn leaves sprinkled with splodges of brown as they float gracefully, drifting like helicopter seeds towards the inviting ground.

By 4KB

Weekly Horse-riding Sessions

Each week a group of our students have attended Hill Farm Riding Stables. They have all had such an amazing time learning to ride. Some of our students are now cantering! It has been such a pleasure to see how much their riding skills and confidence has developed each week. We are very impressed with their progress!



10 tips for parents and carers

HOW TO BE GREEN WITH YOUR TECH

Right now, humans aren't living sustainably: we're taking too many resources and not leaving the world in a fit state for future generations. Old tech products are a clear example: if we throw them away, the poisonous lead and mercury inside can get into the food chain through the soil. Recycling tech, though, has its own issues: it's often exported to countries where the law doesn't protect people from hazards. Whole villages (including children) sort through discarded devices to remove useful parts and substances like gold, silver and copper – often putting their health at risk. Finding ways to re-use tech is the greenest option.

So what can we do with those cupboards and drawers full of old phones and unwanted computers?
Reuse, recycle, donate or sell them!

1 DONATE THEM TO CHARITY

There are lots of charities that redistribute unwanted tech to worthy causes, either in the UK or in developing nations. If your old products are still working, this is a great option – as it means that new products don't have to be made. Search online for your nearest place that does this.



2 REMEMBER THE BATTERIES

Almost all batteries can be recycled – even the little 'button' ones from smaller gadgets. You could choose a box at home or school to keep used batteries in, and then take them to a designated place that collects them. Be very careful, though – button cells can be deadly if eaten by small children or pets.



3 USE YOUR ONLINE SAFETY KNOWLEDGE

If you're recycling, selling or repurposing any of your devices, make sure that all your personal data, private photos and so on have been deleted before the tech leaves your hands or is connected online.



4 REUSE THEM

Old smartphones can be used as webcams, security cameras, baby monitors or pet cams: there are apps that will configure them to do this. You can also turn an outdated phone into a TV remote control, an alarm clock that wakes you up with your favourite track, or a media centre you can take to places where you wouldn't risk your new phone.



5 TURN IT INTO SOMETHING NEW

Smartphones are more powerful than most older computers. If you have an unwanted android phone, it's quite easy to create a new computer – you could use an old TV as a monitor, meaning you just need a mouse and keyboard. There are also small devices you can buy which let you do the same with iPhones.



6 RETURN THEM

Return devices to the manufacturer or retailer you bought them from. Some manufacturers take responsibility for their products and accept them back, to refurbish and redistribute. If they don't, you could contact them and ask why: the more consumer pressure there is on shops and manufacturers, the more likely they are to act in a greener way.



7 SUPPORT SCIENCE

Let your old devices help modern research. Scientists currently investigating topics like far-off star systems, cancer treatment and earthquakes need enormous computing power. If your unwanted device is WiFi enabled, for example, you can connect it to a network so that it can boost scientists' research.



8 SELL THEM

This is also a green option as it means that fewer devices have to be produced. On top of that, you could also donate some of the money you make to an environmental charity.



9 RESEARCH DISPOSAL METHODS

If your device is beyond repair and no one wants it, get rid of it safely through a specialist tech disposal company. Check that your device won't be shipped off to another country for processing.

10 KEEP THINKING

There's no such thing as 'too many' ways to help our planet! If you come up with a better idea than ours, contact National Online Safety and tell us.



Meet Our Expert

Neil Atkin teaches scientific literacy through his non-profit organisation, Rubbish Science, which engages people in working together to live more sustainably and creatively uses waste to help address real-life problems. There are a range of environmental activities you may like to try on their website: www.rubbishscience.com.



USFUL LINKS: Places to donate old electrical items: www.recycleyourwaste.co.uk/donate-electrical-goods/ How to turn an old smartphone into a computer: www.makemusic.com/blog/ways-to-turn-smartphone-into-pc/ The rules about shop responsibility on tech: www.gov.uk/electronic-waste-producer-supplier-responsibilities/ Two scientific research schemes which old devices can support: www20.warwick.ac.uk/get-involved/ and www.oddscience.co.uk/make/donations/ Find your local tech recycling centre: www.recycleitnow.com

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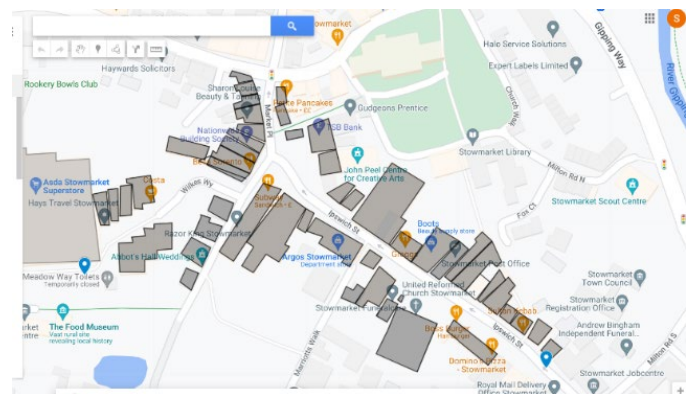
GCSE Fieldwork Trip to Southwold and Stowmarket

CAEA students enjoyed some late September sunshine by the seaside, visiting Southwold. Southwold is a coastal town in Suffolk which experiences a range of marine processes on its coastline. The beach has defences in place to prevent any further damage to the land or people providing our students with the opportunity to see in person how a curved sea wall and groynes protect and shape the coastal landscape.

Pupils and staff travelled to Southwold by minibus, to collect information using primary data collection techniques. Whilst visiting Southwold students observed and discussed the benefits and challenges of Tourism, the Management of coastal erosion, Long shore drift and Sand Dune formations.

Their fieldwork enquiry focused on how hard and soft engineering strategies are used to manage coastal environments. Our students gathered primary data to map the beach profiles both far and near to the groynes to exam any similarities and differences.

Stowmarket offered our students the opportunity to visit an urban area and experience field data collection techniques that respond to geographical enquiry projects about land use, regeneration, changing place profiles and aspects of inequality. Our students collected primary data focusing on Land use mapping, field sketches and completed Environmental Quality Index surveys.



Overall, we had a lovely time with great weather on both trips. Thank you to CAEA Staff who all worked extremely hard to make this happen and provide such an enriching experience.

LOOT BOXES

Marketed as increasing a player's enjoyment of a game, loot boxes are usually purchased or given as rewards. When opened, they unlock items for use in the game, such as better weapons or new characters to play as. Loot boxes feature in many games and are therefore available to various age groups. They have often been criticised for emulating gambling: the odds of unlocking certain items can seem astronomical, while the money being spent is often high compared to the potential reward. It's imperative that trusted adults understand the risks that loot boxes can pose.

WHAT ARE THE RISKS?

MOUNTING COSTS

Loot boxes can be bought with in-game currency or earned as rewards for completing tasks – but many of them are paid for with real money. Prices vary from game to game, and purchases can stack up quickly. It's easy for children to overspend on loot boxes, especially if they really want the item on offer – a recent study found that 31% of young gamers were unaware loot boxes actually had a cost at all.

POTENTIAL ADDICTION

The sense of anticipation, and the feeling of joy when unearthing a rare or badly wanted item, can make opening loot boxes very addictive. As the boxes give out semi-random items which vary in usefulness or rarity, players often end up striving for the less common items – as well as chasing the 'buzz' of finding one. Loot boxes can be compared to scratch cards, delivering similar highs and lows.

NORMALISING GAMBLING

Because loot boxes cost money for the chance – but no guarantee – of scooping a big reward, it's easy to see the link to gambling. Players spend a set amount of money, with no idea of what they'll get in return once the loot box is open: it could be the best item in the game, or the worst. Many games are beginning to phase out loot boxes completely to avoid breaking local gambling laws.

ADVANCED SCAMS

Most games don't let players trade the items they get in loot boxes, but a few titles do allow exchanges with other players. This could lead to young gamers being tricked or harassed into trading items they paid for or won fairly. Rare items from some games can be quite valuable and are bought and sold on the 'grey market', using external sites – leaving children vulnerable to being scammed.

Internet Safety!

Online Gambling!

Dear Parents

We would never let our children gamble online. If we found our children were visiting online casinos or online betting shops we would stop this. However, loot boxes are embedded in some games, these loot boxes have been criticised for encouraging gambling habits in young people. We believe that's it is important that you understand the risks around these boxes.

If you have any concerns, you can talk to us.

Advice for Parents & Carers

CONSIDER THE ODDS

It's a smart move to check the odds on the items in the loot boxes, to see how hard it is to find a particular reward. Show your child and explain to them whether it's likely (or not) that they'll find the item they want inside the box. Of course, there's a sizeable element of chance – but if an item says it's likely to drop once out of every 10,000 boxes, it's wise to adjust your child's expectations.

RESTRICT SPENDING

Even if you're happy for your child to purchase loot boxes, it's safest to restrict how much they can spend. Options include adding a temporary payment method, or making sure they ask permission first. If a credit or debit card is linked to the gaming account, excited young players could soon run up an eye-watering bill. Ensure your child recognises how much each box costs and understands that they're using real money.

USE PARENTAL CONTROLS

Most video gaming consoles, as well as the individual games, allow parents and carers to place purchasing restrictions on the child's account. This is an effective way to avoid overspending or prevent children from buying any loot boxes in the first place. Not all games offer this feature, so it's best to investigate your options on each new game before your child starts playing it.

DISCUSS THE RISKS

Be open with your child about how much loot boxes (and individual item purchases) cost and how the system works, in terms of probability. If a child realises it's unlikely they'll get that rare reward, they may prefer to spend their money on a guaranteed item – like a skin in the online store – instead of gambling on a loot box. Outline how other people might try to exploit online trading systems to steal their valuable items.



General Information	Medical Information
START OF THE SCHOOL DAY	<ul style="list-style-type: none"> ✓ If your child requires any medication, please ensure that this is handed into the office or Mrs Beadman. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the student's name and the instructions of administration. ✓ Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school. ✓ If the illness is more than 5 school days we require a Doctor's Certificate.
<p>Please remember that students are not to be dropped off at the school before 8.10 am. Prior to that staff are not in their places and we cannot therefore ensure the student's security.</p>	
UNIFORM	
<p>Please remember that all uniform and casual clothes must have the student's name in, as we do collect a significant amount of lost property.</p>	Absence
OUTDOOR CLOTHING	
<p>During the cold months please could all students have winter clothing: wellies, coats, hats and gloves. During the summer months, please could students have a hat and sun cream.</p>	
<p>School Phone Number: 01449 736404 Out of hours emergency school mobile number 07555 641 724 email: admin@centreacademy.net</p>	<p>Please could all medical appointments/absences be reported before 9.00 am to the School Office. Please contact the school each day your child is absent; contact by email is fine.</p>