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16/01/2023

Dear Parent/Carers,

This year Safer Internet Day is on 7th February 2023. Safer Internet Day is organised by the UK Safer Internet Centre <u>www.saferinternet.org.uk</u> and this year's theme is 'Want to talk about it? Making space for conversations about life online'.

To celebrate the many positives of the internet, and to raise awareness of the issues that young people can face online today, CAEA will be hosting an online safety evening for parents and carers on Monday 23rd January at 5:00 - 6:00 pm. Mr Curtis our ICT teacher and Mrs Wright SENCo/ Safeguarding Lead will provide practical advice and safety tips to help manage online safety issues, and discussion surrounding suitable behaviour online.

Also, we are celebrating the opening of our new 'Sensory Room' where you are invited to have a sneak preview of our newly furnished room. Our new Sensory Room will create a safe space with sensory type resources so students can self-regulate, manage anger, over-stimulation and stress. Our Occupational Therapist, Speech and Language Therapist and Play Therapist will be available to speak to you and assist with any questions you might have with regards to the therapies they deliver to our students.

Mrs Escobar our Mental Health Practitioner will be here to talk to you about the therapy sessions she will be providing for Mental Health and Wellbeing. She provides the students with a safe place to talk about their wellbeing, as well as providing intervention and support to increase self-esteem.

Finally, our senior management team Mrs Gilbert Head of School, Mrs Whall, Mr Steward and Mrs Coleman will also be available to talk to parents if you so wish.

We look forward to seeing you and thank you for supporting your child's education at CAEA.

Kind Regards,

Stimatt

Mrs S Wright SENCo