



12th January 2023

Dear Parent/Carer,

Education Mental Health Practitioner

My name is Mercedes Escobar, some of you have already met me, I am extremely happy and excited to start working as your child's Education Mental Health Practitioner here at Centre Academy East Anglia. I will be working to meet any EHCP recommendations made for your child over this coming year.

Our Therapy team and I aim to assess all children who attend the school to establish areas where they may benefit from extra support. I am therefore sending this letter, not only to introduce myself, but to also find out what your main concerns and priorities are for your child as part of the assessment process.

It would be very much appreciated if you could take a moment to email me back and send your concerns about your child regarding Mental Health and Wellbeing, if there are any.

Some background information about me: I have a double first-class honors degree in Education and Languages completed at the University of East Anglia (England), a master's degree in Higher Education Practice - (Evidence-Based Social Intervention and Policy Evaluation), a master's degree in Mental Health and Wellbeing in Education and I am currently completing my PhD in Psychology. After my graduation "centuries ago" I started working as a teacher, then I became the primary coordinator and finally worked as the deputy of the school, so I have years of experience with different age group classes and different scenarios too. I was always interested in Mental Health, so I decided to complete my second Master and start supporting our children to thrive within their educational setting.

I am very much enjoying here at CAEA, where I will be able to enhance our children's Mental Health and Wellbeing to facilitate all of them a better access education and posterior careers, always taking into consideration their specific sensory and physical needs. As part of my role, I aim to provide the students with a safe place to talk about their wellbeing, as well as providing intervention and support to increase esteem so that the children are able to thrive here at school.

I look forward to getting to know yourself and your child and working together towards your child's goals. If you have any questions, please do not hesitate to contact me, happy to help however I can.

A handwritten signature in blue ink that reads "Mercedes Escobar".

Mercedes Escobar
Education Mental Health Practitioner
Centre Academy East Anglia