



Centre Academy East Anglia Newsletter

Summer Term July 2023

Dear All,

This is the time of year when we reflect on the year that has passed and look forward to the new academic year ahead.

I would like to start by saying how incredibly proud I am of our whole school community for their continued dedication, energy, resilience, and passion which our students, staff and governors have given this year.

We have achieved so much this year making CAEA a wonderful environment for our children to learn and achieve. To name but a few, some of our students completed the Duke of Edinburgh Expedition, the whole school raised money from the Prince's Trust and the school production of 'Matilda' was a wonderful event which we all thoroughly enjoyed. Our older students 14-18 enjoyed a residential trip to Bedfordshire. All of this was made possible through the hard work from teachers, staff, and students so a big thank you and well done to all.

Huge congratulations to our students that completed their exams with such maturity and commitment. The feedback from invigilators stated, "It was a pleasure to be part of your amazing school and wonderful pupils".

This year we say goodbye to Mr Suria and Mrs Whall who will be greatly missed but we wish them well in their future careers. In September we say hello to Mr Gartlan and Mr Henery who are joining the teaching team and two admin assistants Ms Norris and Mrs Henderson we welcome you all to the team.

The schools transition day went very well and allowed our students to be familiar with their new class teachers, classmates, and classrooms for September. We are working hard to produce a return to school booklet for all students, which will be emailed out over the holidays for all students to read and help them transition back in September, please check you emails in the school holidays.

Our next parent forum will be taking place on Thursday 21 September, and we welcome all parent and carers.

I want to thank you for your ongoing, support I hope that you all have a safe and healthy summer, and we very much look forward to welcoming all students back on Wednesday 6th of September.

Yours faithfully



Lisa Gilbert
Head of School



PRIZE DAY and GRADUATION

On Sunday 2nd July 2023





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PRIZE DAY and GRADUATION

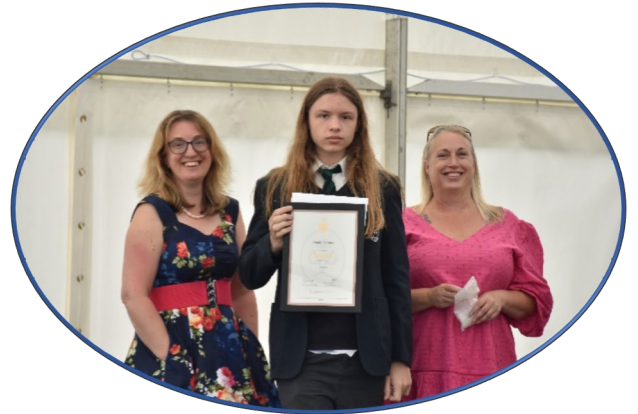
On Sunday 2nd July 2023





PRIZE DAY and GRADUATION

On Sunday 2nd July 2023





On the arrival at Centre Academy of our new music teacher, Mrs Groombridge, in November 2022, approximately half the school auditioned for the role of performer, or volunteered to work as technicians backstage, as part of the stage management crew, as sound effects and musical accompaniment doing percussion, or in publicity and marketing design, or in prop design and making.

Mrs Appleby, who had arrived at Centre Academy in October 2022, very quickly came on board, making bespoke ties, adapting character costumes inspired by the original Dahl book illustrations, sourcing vintage costumes and props from car boot sales and charity shops, and generally 'being there' to give her total support and commitment to the project.



Mr Borrett, who had arrived at the beginning of the autumn term, offered to be Stage Manager, providing us with a Victorian desk and an original 1950's TV, which whipped up much enthusiasm and interest from pupils, and for which we thanked him effusively, but later swapped for a more modern looking one to be in-keeping with the 1980's vibe. [We understand Mr Borrett will be donating his unique TV to a museum where we believe it will be best appreciated as such a unique part of history.] He then put the 'blackboard' together, ferried us all back and forth to OBH and was generally on hand for emergencies.



Miss Banham joined the team, researching the characters for authenticity, looking at costumes and wigs, sourcing costumes for specific characters, to ensure that all our performers felt confident and 'just right' for the part. She was joined by Mrs Brown and Miss Bonner to form a 'dream team' for hair, make-up, and quick costume changes, providing good humour and safety in the frantic foray of exits and entrances backstage.

Mrs Gardener, arriving as a new teacher in January, ended up on-stage throughout the performance, as Deputy Stage Manager, exuding calm, and confidence, steering our on-stage crew in all the right directions at all the right moments. Our on-stage crew quickly got to grips with the task in hand and became a tight-knit team. [Thank you to Xander Moore, Harry Taber and Joshua Algar]. Mrs Gardiner also had the great idea to order the wonderful company shirts.

Mrs Glover provided a massive safety net for all situated Stage Right with her astute and sensitive prompting, exactly when required, and barely audible to the audience. We also held a design-a-ticket competition for our Matinee and Evening tickets, which were won by Ebony-Rose Stokes and Evie King respectively.



Mr Curtis, our most recent new teacher to join the school, found himself thrown in at the deep end having to master a new lighting board, with lighting design and technician skills, working closely under the careful instruction of Mrs Groombridge right up to the minute.

Mr Steward had the nerve-racking experience of getting the music and sound cues in all the right places, only having been able to have seen half the show the day before.



Mrs Whall learnt how to use a spotlight on the day. Mr Lloyd took all the photographs, and collaborated in making props, calmly still putting the finishing artistic touches to props which were being presented to him on the day before the show!

American Diploma helped with the 'Get In' under the supervision of Mr Steward. Daniel Hunt provided the prop he had designed and made for his GCSE Drama. 4SL and 4KB painted part of the set, 4KB put the dummy together and Abigail painted her very beautiful eyes.

Miss Kelly provided us with a real chocolate fudge cake for Bruce Bogtrotter to have a slice on stage and we all enjoyed a slice between shows on the day. (We desperately needed it – honest!) Thomas Underwood and Charlotte Whall stood in at short notice to take over roles. Tommy Welham did live percussion. Any staff who were not involved with the 'Centre Academy Company' stayed at school to man the fort and to cover for all the teachers encamped at OBH. Henry Bazneh stepped in last minute to play a ballerina.

In the run up to the show, Mrs Groombridge produced the programme, ran the box office, and did all the blocking underscored by music. We really did get the show on the road. What an amazing team effort. Everyone agrees, the actors gave a 'knock out' stunning performance, and it definitely 'went alright on the night'. Congratulations to Mrs Groombridge on a memorable and remarkable debut as Musical Director, and A BIG THANK YOU TO EVERYONE INVOLVED!



Mrs Simpson



Schools out for Summer! At CAEA we aim to make sure your child is safe throughout the holidays during online activity and gaming. We believe in empowering you to hold an informed conversation with your child about online safety. The guides below focus on online safety and the popular video game Roblox. We have recently had a safeguarding concern at school and we urge parents/carers to be vigilant when your child plays Roblox. Please read the parents guides to help keep children safe online 'Schools out for Summer' and 'What Parents Need to Know about Roblox'.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many games which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about ROBLOX

Roblox is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a 'sandbox' title, Roblox offers a huge amount of creative freedom; it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

WHAT ARE THE RISKS?

CONTACT WITH STRANGERS
Roblox encourages players to communicate online (including a group chat facility). This could expose children to risks such as scammers, online predators, harassment, griefer and more. The in-game chat has some filters, but isn't perfect: players can still send harmful messages to others – such as general hostility – while predators can reach out to children directly.

ONLINE DATERS
These are also called 'ODers' and are quite common in Roblox. An ODer is an individual who joins a game with the intention of finding someone to date online – and eventually meet in person. Such online dating is against the Roblox community guidelines, but this usually doesn't deter ODers. Some player-built Roblox game worlds have even been designed with online dating specifically in mind.

PUBLIC SERVERS
Roblox has private or VIP servers which allow people to play exclusively with their friends, but this costs money. Most Roblox players will instead be on public servers that anyone can join. Servers can host games which focus on all kinds of aspects, including direct player interaction. Some games and servers, therefore, will put children more at risk of contact from strangers than others.

IN-APP PURCHASES
Roblox is actually free to download and play, but bear in mind that there are some hidden costs. Players are encouraged to make purchases in the game, for example, using real money. People can also buy extra Robux (the in-game currency) to spend on cosmetic items in the game, and some private or VIP servers also have a cost.

Advice for Parents & Carers

SET PARENTAL CONTROLS
Roblox comes with several parental control options, which are explained well on the game's official website. It's essential to enter the correct date of birth for your child, as that allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set monthly spending restrictions and monitor their child's account.

DISABLE PRIVATE MESSAGING
Roblox's private messaging function raises the risk of children being contacted by people they may not want to speak with – potentially leading to bullying, harassment, toxicity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

PRIVATE SERVERS
If your child has some genuine friends to play Roblox online with, paying for a private or VIP server decreases the risk of contact from strangers. Even then, however, some players could invite other people – who might not necessarily be child friendly – into the private server. If your child is a Roblox fan, it's important to talk with them regularly about who they are playing the game with.

MONITOR SPENDING
If they don't understand they're using real money, it's easy for children to accidentally spend a sizeable amount in the game. Using parental controls to place limits on their spending will help avoid any nasty financial surprises. Ensuring that you have two-factor authentication on your payment accounts also makes it harder for your child to spend money inadvertently.

DEALING WITH STRANGERS
At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about what's OK to discuss – and what they should never tell a stranger online – will help them understand how to communicate with other people online safely.

Meet Our Expert
Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.

National Online Safety
#WakeUpWednesday

Sources: <https://www.theverge.com/2020/7/2/21333431/roblox-over-half-of-us-kids-are-using-virtual-parlour-fortnite>
<https://corp.roblox.com/parents/>

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 10.10.2022

School's out for summer!

It's always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.



A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Live Streaming



A Parent's Guide to Online Grooming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school if you would like to attend a parents internet safety workshop or have any concerns.

Schools please [contact us](#) if you would like a SKIPS Safety Net session delivered to your parent groups or staff.

Skips Educational

Web: www.skipssafetynet.org
Email: info@skips.com
Tel: +44 121 227 1941

142 Newton Road
Great Barr
Birmingham B43 6BT

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Developed in partnership with



Skips

Keeping children safe online

www.skipssafetynet.org

School Council 2022-23

The school council are made up of one representative from each class and meet around once every half term with Mrs Glover and Mrs Gilbert. This is their report of their achievements this year:

School Improvements

The school council have come up with lots of fun and practical improvements for the school. We have campaigned for more space in the dining room, as well as introducing more lunch time options such as sandwiches and wraps.

We have also introduced the role of Head students, who have played an important role in showing visitors around the school. Additionally, we began an initiative to revamp the school library which is currently underway!

We are excited to continue our work to improve the school.

Fundraising

This year we raised a lot of money for the charity Geewiz by running stalls at the Firework night event.

Activities

As the student council we asked for a wider variety of lunchtime clubs. The clubs now running include animation club, chess club, craft club, Dungeons and Dragons and programming/ICT club.

We also asked for boxes of lunchtime equipment which has been provided to every class.

Thank-you to all the school council representatives who have worked so hard this year. Ms Banham will be taking over leading the school council from September and all students will be invited to apply to be their new class representative.

Report by: Abi Robinson, Archie Grove, Oscar Patten, Xander Moore and Jamie Roper

Centre Academy

Upcycling Project

We are very proud to share with you photos from our school upcycling project which we have entered into a competition! Mrs Appleby came up with the lovely idea of creating a bouquet of flowers to commemorate the coronation, using old egg boxes for the flowers, and newspaper from the day of the celebration. The students worked very hard during their Occupational Therapy sessions with Miss Banham, putting their fine motor skills to the test to recycle egg boxes into beautiful flowers to contribute toward the bouquet. The children enjoyed the process of transforming something old and normal into a beautiful work of art, learning about the value of recycling. Everything used within the project was 100% recyclable, from the old tattoo ink and nail varnish used to decorate the flowers, to the egg cartons and newspaper used to create the bouquet. Mr Lloyd then very kindly helped us put it all together and took some brilliant photos of the finished project. submitting it into a local schools upcycling



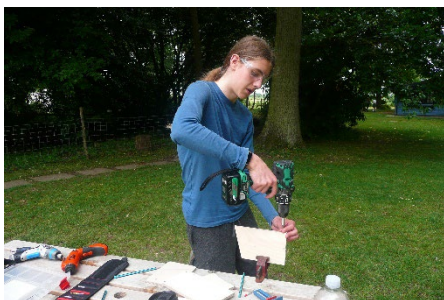
CAEA Eco day

The first day of Activities Week started off with a visit from Emmie from Muddy Fingers. Muddy Fingers are creative educators, food forest creators, therapeutic arts practitioners, and natural builders with a love of the Environmental Arts and using Art as a tool for learning. Emmie along with Ms Bates and Ms Martin led an activity to create a large bug hotel. The students had lots of fun in the sunshine collecting different materials and then building an impressive structure to house the lucky creepy crawlies. They used skills such as hammering, sanding, raking, and selecting appropriate materials to create "Bugingham Palace".



Once the Palace was complete, the students went on to collect the new residents. The students found and, with help from Emmie, identified each insect and introduced them to their new home. The students are very proud of the new addition to the school grounds and hope that the bugs are happy in their new home.

Alongside building the bug hotel Ms Schears organised a session building a variety of bird and bat boxes. Both open nesting bird boxes and small hole nesting bird boxes were made by students to encourage a variety of nesting birds into the school grounds. For some students it was the first time they had used tools to make things from wood. Students then had fun painting the boxes using nontoxic paint under the guidance of Mr Lloyd. The boxes will be put up around the school and each tutor group will monitor their box for any bird or bat activity over the next academic year. A special thank you goes to Daniel Hunt for his patience in helping the younger students, along with bringing in a variety of his own tools to help on the day. It was a busy and challenging day for students who learnt lots of new skills and knowledge about wildlife and even found the time to water some plants and create a new Forest Club area with Mrs Appleby. Well done to everyone!





Visit by Jackie Smallridge, Children's Dentist and Susie Palumbo, Dental Nurse.

We were delighted to be able to come to your school and share some tooth tips and dental trauma advice. We met some super children full of good questions about teeth.

Going to the dentist can be anxiety provoking for everyone. We suggested that everyone prepares a "Dental Passport" for the dentist to read before they attend. Stating what they like, what they worry about, what helps them to keep calm and what makes them feel agitated. Please see attached sheet.

Would you know what to do if an adult tooth is knocked out in an accident? Hopefully after the trauma training the children and staff now know what to do. I bet the children have shared the handy catch phrase and showed the trauma advise cards with you.

Pick it, Lick it, Stick it!!

The faster the tooth is put back in place the better so don't panic! Here is what to do to help save a tooth.

- 1) **Pick** find it, pick it up by the shiny bit the crown (do not touch the root)
- 2) **Lick** lick any big bits of dirt off, or rinse it in water
- 3) **Stick** then push it straight back in – the right way round! (Adult teeth only)

**** Never try to re-insert a baby tooth ****

- 4) Bite on a handkerchief to hold it in place
- 5) Go to the dentist for it to be splinted in place until healed.

If a tooth is fractured, try and find the bit and pop it in water to keep it hydrated. Go to your dentist to get it stuck back on. **Dental first aid saves teeth!**

We shared advise about eating to protect teeth which really means being careful about the food and drink we have between meals ensuring these are sugar free, keeping sugary foods or drinks to mealtimes. Safe snacks include water or milk to drink and savoury foods such as cracker and cheese, vegetable sticks, hummus, toast and marmite. Eat fruit in moderation with cheese immediately afterwards to help neutralise the acids.

Do you like the taste of toothpaste? Many people do not, but there is toothpaste with no flavour which can help. It is called OraNurse 1450 ppm Unflavoured Toothpaste. This may be available from your dental surgery, or it can be ordered from boots and Amazon.

If you would like any further information or advice, please contact us at Reception@jasdental.co.uk



Find us on Facebook [J Smallridge Dentalcare](#)
OR visit our website www.jasdental.co.uk



Instagram [j.smallridgedentalcare](#)

SEN SUPERSTARS

SEN Superstars is a growing business, set up and run by a single mum of 6 children, 2 of which are on the spectrum. SEN Superstars is a charity run / voluntary run support group for families / carers in the Bury St Edmunds and surrounding areas. With social media support, the group in a short space of time already has over 320 members. SEN Superstars supports via Facebook, Instagram, WhatsApp. SEN Superstars started as coffee mornings at a local cafe and has successfully grown to a Stay & Play group for all ages to attend, in a [non judgemental](#), spacious place of play.

With the upcoming school holidays fast approaching, we will be running during the school holidays and would like to promote the business so families have somewhere to go should they wish to attend.

SEN Superstars
STAY AND PLAY
2023 dates

Blackbourne Community Centre,
Elmswell, IP30 9UH
10AM - 11:30AM

• April 20th	• July 13th	• October 5th
• May 4th	• July 27th	• October 19th
• May 18th	• August 10th	• November 2nd
• June 1st	• August 24th	• November 16th
• June 15th	• September 7th	• November 30th
• June 29th	• September 21st	• December 14th

Admission -
Adults - £1 Additional adults - £0.50
Children - £1 each

SEN Superstars
STAY AND PLAY

Friendly Announcement

SEN Superstars STAY AND PLAY is opening its doors to Neurotypical Families too.

As a committee we believe it would be wonderful to welcome non-additional needs families to come in and see how amazing it can be to support one another.

Coming together in a Sensory setting to see our beautiful Neurodiverse and Neurotypical children thrive in a safe and welcoming environment.

♥♥♥♥♥♥♥♥

FamilyFirst

Helping millions of families stay bored-free this [summer](#)

It's 100% FREE for all parents- Enjoy!

- Free Family Days Out ✓
- Family Travel ✓
- The Great Outdoors ✓
- What's On This Summer ✓
- Parenting Hacks ✓
- Children's Fashion ✓
- Healthy Recipes ✓
- Toys & Games ✓
- Children's Sport ✓



Like & follow us on

facebook.

CAEA Equipment Provision

At CAEA, we promote our students to be as independent and organised as possible, however, appreciate that students may find this challenging for a variety of reasons. We therefore place measures to support with this, such as providing school bag checklists to pupils, so they can manage their routine with confidence. We also have posters displayed around the school and in all tutor rooms to encourage responsibility for equipment, much like the one shown below!

Students are welcome to bring in stationery from home and are encouraged to bring a pencil case which they can carry with them. If your child brings any stationery from home, please can you ensure that scissors are plastic and in line with those provided by the school. Please be assured that the school has scissors available for all students, as well as stationery resources for those who may need them. Specialist scissors are also available from the Occupational Therapist if students are struggling to use the ones available in class.



Example of scissors available in school



Example of specialist scissors available



Thank you very much for your cooperation!



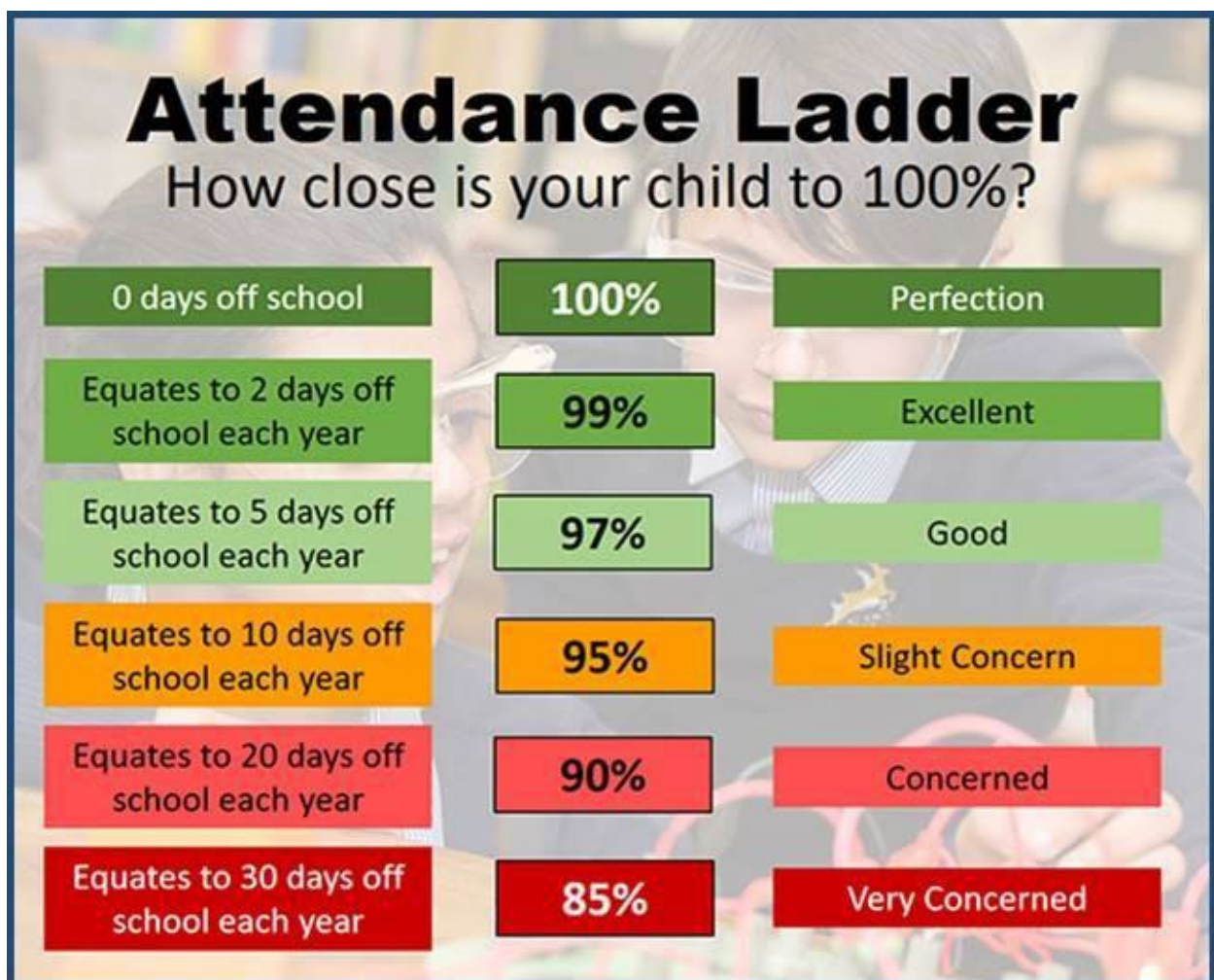
Good School Attendance Guide

Attendance is incredibly important for a child's learning, but it is not always easy to motivate certain young people to attend as regularly as they should. We know it has been especially hard for some students to re-establish a routine after the disruption of the pandemic.

CAEA are keen to make sure that every child has as much access to learning as possible, so they meet their potential and we support parents and carers simultaneously.

Good School attendance habits are best started early. Children learn from those around them and you as parents set the standards and expectations for your child. Showing your child, the importance of attending school every day not only helps your child to settle quickly when starting school but helps them to keep and sustain friendships and enjoy the school environment.

We are here to support you; we understand the difficulties some parents can face and will work with you. We want all children to have a positive experience of school life and be able to reach their full potential. One way in which parents can help their child to do this is by ensuring they attend school every day. Parents can often feel that more time is spent at school than at home.





Wed 6 Sep 23	Term Commences
Fri 15 Sep 23	School Photographer
Thu 21 Sep 23	Parent Forum
Fri 20 Oct 23	Harvest Festival
Fri 20 Oct school at 2.00pm for half term break	
Mon 6 Nov 23	Term Commences
Wed 8 Nov 23	Bonfire Night – 6.00pm
Thu 23 Nov 23	Parent Evening – 5.00 – 7.00pm
Fri 15 Dec 23	Carol Service – 2.15pm
Fri 15 Dec school finishes at 3.00pm for Christmas Break	



General Information	Medical Information
START OF THE SCHOOL DAY	<ul style="list-style-type: none"> ✓ If your child requires any medication, please ensure that this is handed into the office or the Medication Team. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the student's name and the instructions of administration. ✓ Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school. ✓ If the illness is more than 5 school days, we require a Doctor's Certificate.
Please remember that students are not to be dropped off at the school before 8.10 am. Prior to that staff are not in their places and we cannot therefore ensure the students security.	
UNIFORM	
Please remember that all uniform and casual clothes must have the student's name in, as we do collect a significant amount of lost property.	
OUTDOOR CLOTHING	<h2 style="text-align: center;">Absence</h2>
During the cold months please could all students have winter clothing: wellies, coats, hats and gloves. During the summer months, please could students have a hat and sun cream.	
<p>School Phone Number: 01449 736404 Out of hours emergency school mobile number 07555 641 724 email: admin-ea@centreacademy.co.uk</p>	<p>Please could all medical appointments/absences be reported before 9.00 am to the School Office. Please contact the school each day your child is absent; contact by email is fine.</p>