



COMMUNITY  
ACCEPT  
ENCOURAGE  
ACHIEVE

## Centre Academy East Anglia December Newsletter 2023



Dear Parent/Carer,

*What a busy term! Lots of outings and fund-raising events. All students and staff fully deserve the success and praise for all their efforts. I am extremely proud of all their dedication to such worthwhile charities.*

*It was lovely seeing so many of you attend our Christmas Celebration Assembly; I hope you enjoyed it as much as we all have.*

*Our Parent Forum on Thursday 18 January will be held in the hall or parents can join via teams, a link will be sent out nearer the time.*

*I wish you all a safe and wonderful Christmas and look forward to welcoming all students back on Monday 8<sup>th</sup> January.*

Kind regards,

Mrs Lisa Gilbert  
Head of School

*Merry Christmas and  
Happy New Year  
From all the staff at  
Centre Academy East Anglia*

### Dates for your Diary

Mon 8 Jan 24		Term Commences
Mon 15 – Fri 19 Jan 24		GCSE Mock Exams
Thu 18 Jan 24	5.30 – 6.30	Parent Forum – Hall and Teams invite
Fri 16 Feb – Sun 25 Feb 24		Half Term - School finishes at 12.00pm for all students
Thu 7 Mar 24	4.30 – 6.30pm	Parent Evening for classes: Coral, Biscay, Flores & Red Sea – All subject teachers will be available for meetings.
Wed 13 Mar 24	4.00 – 5.00pm	UAS/GCSE Parent Information Evening
Thu 14 Mar 24	4.00 – 5.00pm	American Diploma Information Evening
Fri 22 Mar 24	2.15pm	Easter Service and end of Spring Term

## School Library



As you may be aware, this term we have launched a number of initiatives to boost reading for pleasure amongst students and staff. Over the summer holidays, a working party transformed a room in the Coach House into a bright and welcoming new school library. This term it has been stocked with many new books and students have been enjoying using this space at lunchtimes as well as part of their English lessons. Several students volunteered for librarian roles, and they help to update displays and recommend books to others.

### Christmas Books

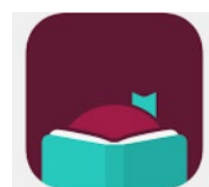
To build on the success of the new library and to increase book ownership amongst students, our school Christmas gifts this year have been book- or craft-related. A local bookshop created a list of titles which they recommend as brilliant reads. Every student at the school then chose a book or book voucher which will be wrapped and presented to them at the class parties.



We hope that students enjoy reading or choosing a book to enjoy over the holidays!  
Mrs Glover

### TOP READING TIP!

Use the Libby App to access free audiobooks from libraries.



# TOP 10 TIPS FOR REVISION

## START EARLY



No, we're not talking about setting the alarm for 5am. Start in February, so you're not pulling all-nighters the week before your exams.

## QUIET PLEASE!



Irritating siblings driving you up the wall and away from your studies? Get Mum or Dad to lay the law down so you can revise without distractions.

## FIND MEMORABLE WAYS TO REMEMBER THINGS



Henry Eight had six mates. He went to heaven in 1547. Then it was Liz who did the biz, And in 1603 she was RIP.

## TEAMWORK WORKS



There's no 'i' in team (even though there are two in revision). Anyway, revising with a friend can make it easier to stick to a regular schedule.

## DON'T FALL IN LOVE



It's hard to think about the Napoleonic Wars with a new worldie on your mind. For just a few months, don't listen to your heart, listen to your teachers.

## WORK NOW, PLAY LATER



Despite sharing the same last three letters, procrastination and revision don't go well together. Work ASAP, so you can relax later without guilt.

## TAKE BREAKS



If that's all you do, you're heading for trouble. But if you've been studying for an hour and your concentration starts to wander, it's time you did too.

## MAKE REVISION REWARDING



Do what you don't like (revision), then do what you do like (gaming, socialising and telling mates you haven't even started revising yet).

## LISTEN TO YOUR BODY CLOCK



Night owl or morning person? (If you're not one, morning people are harder to like than Mondays). Revise when you have most energy.

## MAKE THINGS MORE COLOURFUL



Looking at a wall of words in blue or black ink is enough to make anyone see red. Different colours make revision notes memorable.

## #MAKE YOUR MARK

REVISE WITH STABILO

Mock Exam Week – Monday 15 <sup>th</sup> to Friday 19 <sup>th</sup> January 2024					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b> 9:00 am start	History/ Geography	English Language	Science	English Literature	Maths (Non- Calculator)
<b>Afternoon</b> 1:45 PM start	Drama	Maths (Calculator)		Science	

# Centre Academy Bonfire Extravaganza

A huge thank you to our amazing student, staff, and parent community for their support with our Bonfire Extravaganza. We knew last year was going to be difficult to top, but with the help of both the school and local community we managed to do so!

With your generosity, we have raised an amazing...

**£942**

for the incredible charity 'Children With Cancer UK'.

This is a truly wonderful charity and money raised will go towards ensuring that children with cancer and their families are supported and have a special Christmas. For more information, please see the website below:

<https://www.childrenwithcancer.org.uk/>

A special thank you to the school council, who worked very hard throughout the night to help run game stalls, raising a fantastic amount of money for charity. Thank you to our students who made beautiful Christmas wreaths, cards, and seeds to further help raise money.

We are very proud of our community and have loved hearing all the positive feedback.

Until next year!



# When a Clown Doctor comes to visit...

On the 14th of November we were fortunate to host Hatty Ashton, who amongst many other things, is a Clown Doctor for Suffolk Artlink.

Hatty was a student at CAEA almost 20 years ago and is now a successful author, actress, playwright, and Clown Doctor. Hatty was able to celebrate her neurodiversity with students, and her journey of perseverance. The students and staff alike were new to the world of Clown Doctoring, which are trained health care performers. They visit hospitals and hospices to provide respite and distraction to children and their families through storytelling, music, magic, circus skills, improvisation, and clowning.

It wasn't all listening...Hatty got the students involved in games to demonstrate the effect having a laugh, and general silliness has on our wellbeing and relaxation.

A BIG Thank you for coming to visit us, Hatty!

Students at CAEA were able to participate in a competition to design Christmas Cards, with proceeds going to this wonderful cause. Well done to Freddie, Henry B, Ebony, Krishna, Angel and Rowan.



# Centre Academy's Children In Need Fundraiser

The school council were asked what they would like to do to help raise money for the amazing Children in Need, deciding they wanted to host a sponsored run and bake sale.

The students dressed up in spots with their Pudsey ears, taking part in a 1-mile run/walk around the school grounds. Music was playing and the students were in wonderful spirits, dancing as they ran round the track, luckily the weather was lovely and sunny!

Students worked very hard to collect sponsors and bake amazing cakes, which were sold at a bake sale after the run. The students even designed and made their very own Pudsey bear tablecloth!

As a school, we are immensely proud of our students and feel their achievements deserve to be shared and celebrated with the local community, which is why we have shared the achievement with the East Anglian Times who will be publishing an article. The fantastic students and staff raised an amazing £400 for Children in Need. A massive thank you to our school and parent community whose generosity made this event possible!

Please see the next page for some photos of the event.

From Miss Banham and the School Council

A write up from student Aiden Magna Evans:

The students and teachers at Centre Academy East Anglia worked very hard to organise the Children In Need bake sale, and the sponsored run. Students baked cakes to be sold for 50p and £1. We managed to raise £400 pounds for the charity! As a member of school council, I am very proud of what we organised and achieved and feel like we did very well in raising money. Students did 4 or more laps around the field, then relaxed with the cakes they bought. We are very excited for our next fundraising opportunity!





# Community Group Updates



## Cooking Club

The cooking club have worked VERY hard this term to bake lots of tasty treats! From scones, to muffins, to cakes, it has been wonderful to see the children increase their confidence interacting with food, developing their independence skills in the process. The cooking club members played a huge role in helping to raise money for children in need, baking and decorating a range of cakes and raising £80 in the process! The club have also been selling their bakes at break time and have decided to use the money to buy toys for the Salvation Army Christmas present appeal, which provides toys to children who would otherwise not receive a gift. From selling their snacks at break time, they have raised an incredible £52.20. For more information, please see below:

<https://www.salvationarmy.org.uk/christmas-present-appeal>

They should be very proud of their hard work and progress! Please see below for some of their brilliant work...





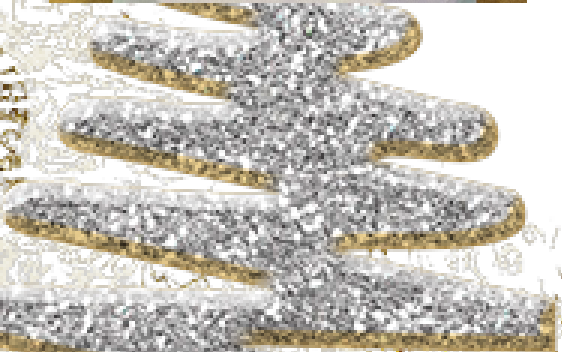
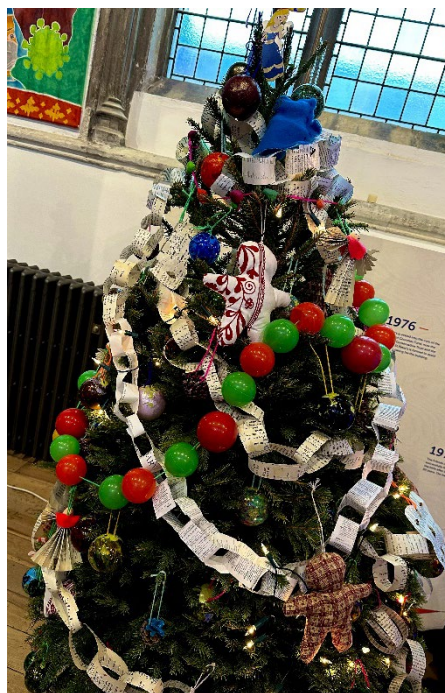
## Fine Motor Group

The Fine Motor group have been working on a very special project this term! The group were given a Christmas tree to decorate by St Peters Church in Sudbury where they had to come up with a theme to decorate their tree. The group decided on the theme 'ecofriendly Christmas' creating all the decorations from recycled materials and upcycle these. The group placed posters around the school encouraging staff and students to bring in their recycling to help with the project! The Walking Group found some old play pit balls left outside the church, coming up with the brilliant idea to upcycle these into Christmas baubles.

The group worked very hard and turned these into stunning new decorations for the tree (please see below)



The group also upcycled old books, pinecones, jam jars, egg cartons, old curtains, and much more! We recently visited the church on the 5<sup>th</sup> of December, alongside the life skills group, to decorate the tree. Please see below for the fantastic, finished project!



## Life Skills Group

The Life skills group have enjoyed multiple visits this term to support with developing their social and independence skills.

The first visit was from Stowmarket food bank who came to speak with pupils about the brilliant work they do. The group then helped load the van with all the food donated by the school community.

Please see below for a lovely letter of thanks from the foodbank.  
Thank you all so much for your generosity and donations, it really is appreciated!



To everyone at Centre Academy,  
We are emailing to thank you for your generous gifts to the Stowmarket and Area Foodbank. Your kind donations totaled 84kg. Your donations will enable us help families and individuals across the Mid Suffolk area.

We have seen a huge increase in demand with the pressure on households due to the cost-of-living crisis, last year was our busiest ever, although this year's demand looks like it will be higher, with greater need across all areas of our community. This year, so far, we have given out 1300 food parcels compared to 1015 food parcels from 2022. Therefore, we appreciate your generous support as you help us meet the rising demand.

We have seen so many lives touched by the love of others and we want to say a big thank you for your support and generosity, not just from us but also the families and individuals you are bringing hope to. Please pass on our thanks to everyone who contributed.

Kind regards,

Mike

## Life Skills Continued...

The life skills group have also been looking into the emergency services, strengthening their knowledge of what to do in emergency situations, engaging with role play and activities using the 'what three word' app. Following on from this teaching, the Police also came to visit students to educate about online safety and important strategies to ensure we all stay safe online. This was opened to the whole school, as this essential life skill is crucial in helping keep our students safe and building their awareness. The children engaged brilliantly, asking lots of interesting questions!



## Walking Group

The walking group have helped to school community this half term by walking around the village and handing out flyers for the school bonfire night, inviting members of the local community.

They have also played a key part in the Christmas tree project by helping to create beautiful decorations when the weather has been too cold/wet to walk!

It has been lovely to see the group continue to bond and support one another, discussing emotions openly as well as strategies they like to use to help their wellbeing.

Thank you all for your continued support!

Wishing everyone a wonderful Christmas and a happy New Year,

Miss Banham 😊



**DON'T  
FORGET TO**



## General Information

## Medical Information

### START OF THE SCHOOL DAY

Please remember that students are not to be dropped off at the school before 8.10 am. Prior to that staff are not in their places and we cannot therefore ensure the students security.

### UNIFORM

Please remember that all uniform and casual clothes must have the student's name in.

### OUTDOOR CLOTHING

During the cold months please could all students have winter clothing: wellies, coats, hats and gloves. During the summer months, please could students have a hat and sun cream.

- ✓ If you child requires any medication, please ensure that this is handed into the office or Miss Bonner. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the student's name and the instructions of administration.
- ✓ Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school.
- ✓ If the illness is more than 5 school days, we require a Doctor's Certificate.

School Phone Number: 01449 736404  
Out of hours emergency  
school mobile number 07555 641 724  
email: [admin-ea@centreacademy.co.uk](mailto:admin-ea@centreacademy.co.uk)  
Student absence: [absent-ea@centreacademy.co.uk](mailto:absent-ea@centreacademy.co.uk)

## Absence

Please could all medical appointments/absences be reported before 9.00 am to the school office. Please contact the school each day your child is absent; contact by email is fine. Student absence: [absent-ea@centreacademy.co.uk](mailto:absent-ea@centreacademy.co.uk)

## Policies and other Important Information

All our policies and other Important Information are available on the website. If you require any other information that is not displayed, please do not hesitate to contact the Office Manager.

