



Centre Academy East Anglia Newsletter

Spring Term February 2024

Dear Parent/Carers,

Welcome to our very full Spring Newsletter.

As you can see it has been a very busy term for staff and students! Just looking at all their achievements makes me feel very proud and happy to share such wonderful productive stories.

Well done to everyone that has contributed to allowing these events to take place and the enthusiasm and commitment that is seen daily at CAEA by the whole CAEA community.

Wishing you all a Happy Easter, enjoy the festivities and family time.

We look forward to welcoming you all back for the Summer Term on Monday 15th April.

Yours faithfully

A handwritten signature in cursive script that reads 'Lisa Gilbert'.

Lisa Gilbert

Head of School

Photographs taken in School

Dear Parent/Carer,

As we continue to celebrate our students' achievements and capture special moments during school events, we kindly request your cooperation in ensuring the safety and privacy of all children.

Specifically, we ask that you refrain from sharing any photos or videos of school activities on social media platforms where other people's children can be identified.

Why is this important?

1. **Consent:** Sharing images without prior consent from children and their families can pose risks. Some families may not want their child's photo to be publicly available.
2. **Misuse:** Photos and videos shared online can be modified, misused, or taken out of context. This could inadvertently place children at risk.
3. **Child Protection:** Identifying children through images may expose them to potential grooming or abuse.

How can you help?

1. **Be Mindful:** Before posting any school-related content, consider whether it includes other children and whether their privacy might be compromised.
2. **Educate:** Talk to your child about the importance of privacy and respecting others' boundaries.
3. **Set an Example:** By being cautious with your own social media posts, you contribute to a safer online environment for all.

Student Attendance

As we embark on the Summer Term, we would like to take a moment to emphasize the critical role that **regular attendance** plays in your child's education. **Consistent attendance** is not just a matter of compliance; it significantly impacts your child's academic progress and overall success.

Here are some key points to consider:

1. **Academic Achievement:** Research consistently shows that students with **high attendance rates** tend to perform better academically. Missing even a single day of school can disrupt the learning process and hinder your child's understanding of crucial concepts.
2. **Life Chances:** Education opens doors and shapes future opportunities. By attending school consistently, your child is better positioned to achieve good grades, graduate successfully, and pursue higher education or career paths.
3. **School Policies:** Our school adheres to **Department for Education guidelines** regarding attendance. These guidelines stress that children should attend school regularly unless there are exceptional circumstances. We appreciate your cooperation in ensuring your child's consistent presence.
4. **Communication:** If your child is unable to attend school due to illness or other reasons, please notify us promptly. You can call the school office or email us at absent@centreacademy.uk. Early communication helps us track attendance and address any concerns.
5. **Action Plan:** Should attendance become a concern, we will work closely with you to develop an **action plan**. Our goal is to support your child's attendance and create a positive learning environment. Remember, everyday matters. Each lesson contributes to your child's growth and development. Let's work together to ensure that our students receive the best education possible. Thank you for your ongoing support. If you have any questions or need further clarification, please don't hesitate to reach out.

Thank you for your understanding and cooperation in these matters.

IMPORTANT

dates to remember

Dates for your Diary		
Mon 15 Apr 24		Summer Term Commences
Mon 22 Apr 24	5.30pm	Parent Forum
Mon 6 May 24	-	Bank Holiday
Fri 24 May – Sun 2 Jun 24	-	Half Term – School finishes at 2.00pm for all students
Mon 3 Jun 24		Summer Term Commences
Thu 13 Jun 24	4.30 – 6.00pm	Parent Evening for classes: Atlantic, Pacific, Caribbean, Siberian & Balearic - All subject teachers will be available for meetings.
Thu 27 Jun 24	7.00pm	School Production
Fri 28 Jun 24	-	School closed to students - Staff Inset Day
Sun 30 Jun 24	1.00pm	Graduation
Mon 1 Jul – Thu 4 Jul 24		Activities Week
Fri 5 Jul 24	1.00pm 3.00pm	Sports Day School finishes for Summer Holiday

TOP 10 TIPS FOR REVISION

START EARLY
No, we're not talking about setting the alarm for 5am. Start in February, so you're not pulling all-nighters the week before your exams.

QUIET PLEASE!
Irritating siblings driving you up the wall and away from your studies? Get Mum or Dad to lay the law down so you can revise without distractions.

FIND MEMORABLE WAYS TO REMEMBER THINGS
Henry Eight had six mates. He went to heaven in 1547. Then it was Liz who did the biz, And in 1603 she was RIP.

TEAMWORK WORKS
There's no 'i' in team (even though there are two in revision). Anyway, revising with a friend can make it easier to stick to a regular schedule.

DON'T FALL IN LOVE
It's hard to think about the Napoleonic Wars with a new worldie on your mind. For just a few months, don't listen to your heart, listen to your teachers.

WORK NOW, PLAY LATER
Despite sharing the same last three letters, procrastination and revision don't go well together. Work ASAP, so you can relax later without guilt.

TAKE BREAKS
If that's all you do, you're heading for trouble. But if you've been studying for an hour and your concentration starts to wander, it's time you did too.

MAKE REVISION REWARDING
Do what you don't like (revision), then do what you do like (gaming, socialising and telling mates you haven't even started revising yet).

LISTEN TO YOUR BODY CLOCK
Night owl or morning person? (If you're not one, morning people are harder to like than Mondays). Revise when you have most energy.

MAKE THINGS MORE COLOURFUL
Looking at a wall of words in blue or black ink is enough to make anyone see red. Different colours make revision notes memorable.

#MAKEYOURMARK
REVISE WITH STABILO

Exam Timetable 2024

Title	Exam Code	Duration (+25% extra)	Date	Time
Drama	8261/W	1hr 45m	Thursday 9 th May	1PM
Science: Paper 1 (Environmental Sciences)	8465/1F/H	1hr 45m	Friday 10 th May	9AM
English Literature (Shakespeare and post-1914 Literature)	1ET0/01	1hr 45m	Monday 13 th May	9AM
History (WWI & Germany)	8145/1B/A 8145/1A/B	2 hr	Wednesday 15 th May	9AM
Maths (Calculator)	J560/01/04	1hr 30m	Thursday 16 th May	9AM
Geography (Physical Geography)	8035/1	1hr 30m	Friday 17 th May	1PM
English Literature: 19 th Century Novel & Poetry since 1789	1ET0/02	2hr 15m	Monday 20 th May	9AM
Science: Paper 2 (Environmental Sciences)	8465/2F/H	1hr 45m	Wednesday 22 nd May	9AM
English Language: (Fiction/Imaginative Writing)	1EN0/01	1hr 45m	Thursday 23 rd May	9AM
Maths (Non-Calculator)	J560/02/05	1hr 30m	Monday 3 rd June	9AM
History (Migration & Normans)	8145/2A/C 8145/2B/A	2hr	Tuesday 4 th June	1PM
Geography (Human Geography)	8035/2	1hr 30m	Wednesday 5 th June	9AM
English Language (Non-Fiction/Transactional writing)	1EN0/02	2hr 5m	Thursday 6 th June	9AM
Science: Paper 3 (Physical Sciences)	8465/3F/H	1hr 45m	Friday 7 th June	1PM
Maths (Calculator)	J560/03/06	1hr 30m	Monday 10 th June	9AM
Science: Paper 4 (Physical Sciences)	8465/4F/H	1hr 45m	Tuesday 11 th June	9AM
Geography (Geographical Applications)	8035/3	1hr 15m	Friday 14 th June	9AM

You will need to be at the main exam room 10 minutes before the start time.

School Uniform

From the beginning of June, we are pleased to announce that our new school uniform is available from 'Inces of Stowmarket'.

Please note, students may still wear their old uniform until a new uniform is required.

Logo School Uniform is provided by 'Inces of Stowmarket'. The uniform can be ordered online, or you can visit the shop in Stowmarket, please see below for shop details. As well as our logo school uniform, you may also be able to order plain items such as trousers, skirts, or alternatively you can buy from local stores. Other ordering information including sizes, delivery information and the returns procedure is also available online.

<https://www.inces.co.uk/c/schoolwear>

Inces, 25 Ipswich Street, Stowmarket, Suffolk, IP14 1AH

01449 612 664

gordonince@btconnect.com

Please see below for a complete school uniform list which is requested.

School Uniform	Logo Uniform supplied by 'Inces'	
	Size	Cost
Grey Trousers/Skirts		
Grey Shorts (Optional)		
*Sky Blue Polo Shirt (with school logo)	Up to age 13:	£10.00
	Adult Sizes:	£12.50 (2XL £14.50)
*Navy V Neck Sweatshirt (with school logo)	Up to age 13:	£18.00
	Adult Sizes:	£19.00 (2XL £22.50)
Grey or Black Socks (for trousers)		
Black or Nude tights (for skirts)		
Navy/White Summer Dresses (non-compulsory) Juniors only)		
Black Shoes and Wellington Boots		
Coat (weather dependent)		
Equipped Pencil Case		
Sports Uniform		
Navy PE Shorts		
Navy Tracksuit Bottoms		
*Navy Fleece (with school logo)	Up to age 13:	£20.00
	Adult Sizes:	£24.00
*Emerald Green Polo Shirt (with school logo)	Up to age 13:	£10.00
	Adult Sizes:	£12.50 (2XL £14.50)
Plain Navy Football/Rugby Socks	Size 1-3:	£4.25
	Size 3-6:	£5.00
	Size 6-12:	£5.00
Trainers		
Football Boots (plastic or moulded studs)		
Mouthguard		
Shin Pads		
* - relates to all uniform with the school logo		

Textiles



The Autumn term has been very busy with lots of exciting textile's projects!

The jackets are finished and have been such a success. They are so unique and have the children's personalities all over them.



Some of the other children helped to create decorations for the fine motor Christmas tree project!



The children have done very well with learning to use the sewing machines, with two even buying their own for use at home.



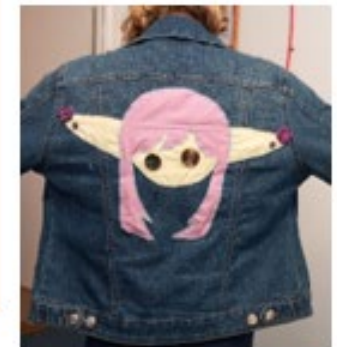
Going forward next term, I would like to teach the children how to work from a pattern and make clothing from scratch. This will be an upcycle project therefore all the fabrics, buttons, cotton, and ribbon have been donated.



We have also been very busy with wreath making!

My fingers are sore, but it has been a very productive term!

From Mrs Appleby





Spring Term Textiles



We are back, and we have hit the new term running! We have been working on a woodland themed project, creating buds, bats, and bugs made completely from scrapped fabric.

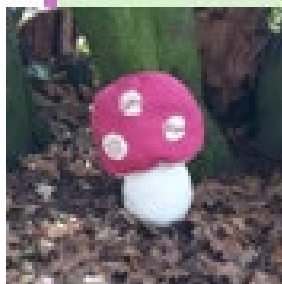
The children have so many brilliant ideas that are encouraged, shared, and celebrated. In textiles, nothing is wrong! We have created Marvell butterfly's, sequin beetles, leather ladybugs, denim crows, and much more!

We are excited to show off all our pieces in the school's production of 'Shrek'.

I hope you enjoy them as much as I do!

Kind regards,

Mrs Appleby



Therapy Community Group

Spring Updates



Cooking Club

Students have been working very well in their Occupational Therapy Cooking Club Intervention and have baked lots of tasty treats this term!

Students have made oreo brownies, cookies, pizzas, and pancakes, to support the development of their sensory, motor, and independent living skills. They have then sold these to their school community during break times, as well as doing an excellent job of advertising and managing finances.

The students have decided that this term, they would like the proceeds to be donated to the charity *Head Way*. The charity supports individuals who are recovering from brain injury and so far have raised an amazing £32.50!

It has been lovely to watch the children make lots of brilliant progress, learning in the process about the different food groups and the importance of food for helping our bodies and minds develop and function. Students should be very proud of themselves!



Fine Motor Group

Students have started an exciting project this term, creating lots of brilliant crafts to sell at the school Easter service!

This has been a very good way to help students develop a range of areas, such as manual dexterity, visual motor, and fine motor skills, through engagement with fun activities. Students have been working to upcycle old glass jars to create beautiful easter jars, as well as recycled clay to make lovely earrings. Students have also enjoyed making bracelets and keyrings, all of which will be available to purchase at the school Easter service to help raise money for the charity 'head way'.



Walking Group

Walking Group

Discussion for walk

What is self-kindness?

Why is it important?

How can we be kinder to ourselves?

My kindness pledge of the week:

The walking group have continued to enjoy exploring the local community this term, enjoying a visit to the local park which was great fun!

The group have also been working to build a stronger sense of self identity through exploration of all their wonderful traits which make them unique and brilliant. Students have also been exploring the concept of 'self-kindness', discussing ways in which they can be kinder to themselves, identifying areas such as 'setting good boundaries with others', 'stop comparing ourselves to others', 'saying 3 kind things to ourselves a day', and 'reframing negative thoughts into more positive thoughts'.

The group have also been supporting with the fine motor group easter project by decorating jars and making bracelets for the easter service.



Life Skills

Our life skills groups have been exploring the topic of voluntary work this term, exploring areas they can volunteer to support both their school and local community. The group have begun volunteering to support the school kitchen with the delivery of snacks at break time, which is so far working fantastically. It has been brilliant to observe the students get involved and the feedback from kitchen staff has been very positive!

Students have also volunteered to support their school community by helping to renovate the school allotment. Students have been coming up with lots of ideas on how the space can be used, such as a herb garden, an outdoor gym, an outdoor class space, a sensory garden, and many more! Students have written a letter to Mrs Gilbert expressing their brilliant ideas. They are now in the process of creating a business pitch to present, exploring what resources they will need and how long the project will take.

Students have also started an exciting venture extending their volunteer work to the local community to support to bridge project in Sudbury. This latest initiative involves a brand new 'cosy café', located in Sudbury arts centre. Our students have been tasked with supporting to run the café, serving food and drink to anybody in the local community who may require support. We are very excited to watch our students thrive and gain valuable work/life experience!

Please see the website bellow if you would like more information:

[Home - The Bridge \(thebridgeproject.co.uk\)](http://thebridgeproject.co.uk)



Happy Easter Everyone!

Kind regards,

Miss Banham
Occupational Therapist



Student Council

Student Council have been working very hard this term to help share the voices and views of the student community.

Please see below for some of the brilliant ideas and implementations of the School Council this term:

Encouraging the school to be more eco friendly

The school council have been helping to spread awareness of climate change and promote ways the school can become more energy efficient. The school council have introduced 'class eco helpers', which is a role that is rotated every week. The helpers responsibility is to ensure that lights and plugs are switched off when leaving the classroom. The council have also placed posters around the school to encourage correct recycling.

Renaming the behaviour room



The school council were given the responsibility to help rename 'the behaviour room' to make this more student friendly and inclusive as this space is often used as a place for regulation and respite. Students decided on the name of 'The Zen Den'.

World Book Day

The school council proposed dressing up for world book day as an exciting way to promote the value of reading to the school community. The school council also requested more opportunities to enter external competitions, helping to source a creative writing competition for students to enter.

Running the School Easter Egg hunt

The council recently discussed a new initiative for the school easter egg hunt, called 'Charlie and the Golden Egg', creating advertising posters and running the event for the school community.



Completing a survey for the school kitchen

The council also supported the kitchen staff by completing a survey with their tutor groups regarding what foods they enjoy at school and what foods they would like to see more of, providing lots of great ideas.



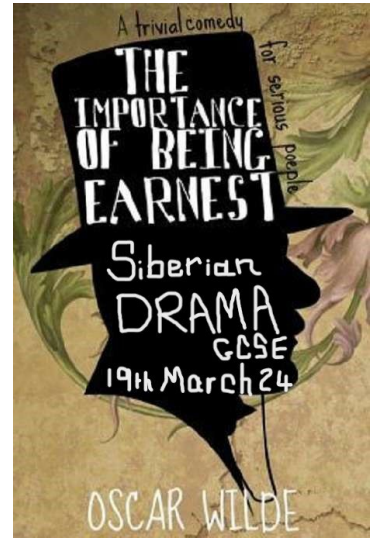
All members are doing a brilliant job representing their school!
Kind regards,

Miss Banham

Siberian Drama

GCSE Drama Students completed 40% of their exam last term, devising drama from the stimulus of a painting of 'The Mary Celeste', performing a piece in the style of Documentary and Epic Theatre, producing a court room drama based on historical and scientific facts, and including the conventions of multi-rolling, flashbacks, and breaking the fourth wall to involve the audience as 'The Jury'. Throughout this experience, they applied themselves to writing notes, to be able to produce a final Drama Log, (up to 2,500 words), analysing and evaluating how they had achieved this.

By the end of this term, they will have completed 60% of their Drama GCSE, by performing scenes from Oscar Wilde's, 'The Importance of Being Earnest', with the guest of a visiting AQA Examiner in the audience.



It has been truly rewarding to witness the level of commitment they have shown in collaborating on both projects, and for the creativity and ingenuity they have brought to the entire process.

Mrs Simpson
Drama Teacher

Wednesday 6th of December
Morning
Anybody welcome!
Courtesy of CAEA's drama hall

The Peculiar Tale of The Mary Celeste

A thrilling 1900s court drama



Meet The Actors



Playing the role of the judge, Eesa Raja will lead the jury through the many facts and theories surrounding the Mary Celeste's Disappearance



Our very own Frederick Solly Flood, Harry Taber is the lawyer of Insurance Company Ltd. He believes there is foul play at work, and will do anything to prove it.



Last but not least, Alexander Moore as Edward Joseph Baumgartner. He insists the Dei Gratia crew are innocent, and deserve one hundred percent of the insurance money.

What Really Happened To The Mary Celeste?

The Mary Celeste was a trade vessel that disappeared in 1877. They were later found by the Dei Gratia, but mysteriously, the entire ship was empty. The reason for their disappearance has not been solved to this day, but the Dei Gratia crew tried to claim insurance under the salvaging laws that were present in the 19th century.



The play leads the audience, as the jury of the court case, through the various theories for its disappearance. Will you side with Baumgartner or Flood? With the Dei Gratia Crew or with Insurance Company Ltd. The choice is yours.



On the 31st of January the school was given the opportunity for 15 of our students from KS3&4 to attend a session at Clip 'n' Climb in Ipswich, run by the Panathlon Challenge organisation. The idea was for our students to interact with others from local schools, as well as have some fun and push themselves physically. We had great fun climbing, with some overcoming a fear of heights, others reaching the top of the climbing walls and some persevering with sections that they found challenging. Some students even stepped off into thin air! We had a fantastic morning, everyone enjoyed themselves, and all of the students that attended can be proud of their achievements. Hopefully we will be given the opportunity to go again next year!



Mr Steward
Teacher



COZY CAFE



It was important not to miss this opportunity of sharing with all of you, something which for me is a great news. Our students at Centre Academy East Anglia have started to collaborate with The Bridge Project. Together we pursue the same objectives: empower our students to achieve, connect and grow because they are the core of everything that we do.

So, our little "Baristas" have started to run **Cozy Café**. Every Tuesday from 12 am to 2 pm at Sudbury Arts Centre, if you are bored of having lunch on your own come and join us! Lunch, games and a lot of fun all incredible organised for our students and supported for The Bridge Project's Team.

And like we normally say, an image tells you more than thousand words.

I believe in fostering partnerships to uplift the local community. At Centre Academy East Anglia, we are committed to integrating our students and helping them to live life well. Join us, come along one Tuesday and spend some time with us in this new journey that Centre Academy East Anglia could not miss.



Miss Escobar

Mental Health Lead

IT'S WORLD BOOK DAY!



Well done to all of our students and staff for their brilliant involvement in World Book Day this year!

Students bought their favourite characters to life and it was wonderful to hear students speak so passionately about their favourite books and characters!

Please find a link below for digital book tokens which can be used toward purchasing a book of choice.
<https://www.worldbookday.com/digital-tokens/>
Below is a list of retailers where you can redeem your voucher:

- Your local independent bookseller
- Asda
- Blackwell's (selected stores only)
- Sainsburys
- Tesco
- The Works
- Waterstones
- WHSmith





Speech and Language Therapy News

Clare Bates (Speech and Language Therapist)

I would like to congratulate our four members of staff : Ms Bonner, Mrs Gardiner, Ms Coleman, and Mrs Glover on the completion of their level 3 Elklan training: Communication and Language Support for Autistic Pupils.

The staff have been working extremely hard for the past year to complete this course in order to further support their students with communication and language needs within the classroom environment. This evidence-based specialist course has provided our staff members with theoretical knowledge and an abundance of practical skills and ideas to support autistic students and/or those with social communication needs. The level 3 accreditation means that they are now Lead Communication Practitioners (LCPs) and are ready to share their knowledge with the rest of the school staff.

This is the first step towards Centre Academy East Anglia achieving Elklan's Communication Friendly Setting (CFS) accreditation, meaning that all staff will be trained to support our students with their communication and language needs. To achieve this, over the next year our LCPs will be working towards achieving their level 4 and will cascade their knowledge to the rest of the school staff.

CAEA 3 step plan for achievement of CFS accreditation:

- 1 • Selected Members of staff complete level 3 and become LCPs
- 2 • LCPs cascade training to all staff, support the team and achieve Level 4 accreditation
- 3 • Audit and accreditation CFS status is awarded. Accredited by Elklan and OCN London

PSHE SCHOOL VISITORS

Empowering Voices: Addressing Violence Against Women and Girls

In December and January, older students took a significant step towards understanding and combating the pressing issue of violence against women and girls as we welcomed a special guest speaker, Ms. Teri Cudby, from Terrence Higgins Trust.

Ms. Cudby, over two sessions in December and January, held the attention of students and staff alike, shed light on the harsh realities many women and girls face. She emphasized that violence against women wears many faces, including bullying, emotional abuse, and physical violence, and can occur at home, in schools, and within our communities. Her visit was so welcome as it complemented our PSHE lessons in what Healthy and Unhealthy Relationships look like.



One of the key points of the talk was the importance of education and awareness. Ms. Cudby stressed that understanding the signs of abuse and the various forms of violence is the first step towards making a change. She encouraged students to foster an environment where mutual respect and equality are the norms, highlighting that everyone has a role to play in this endeavor.

Moreover, our guest speaker provided valuable information on support systems and resources available for victims. She urged the students to be vigilant allies, to listen, and to offer support to peers who may be experiencing such challenges.

Our school pledges to continue this conversation and to take real steps towards ensuring that our community is a place where every individual can thrive, free from violence and discrimination. We were pleased with the students' responses, in making pledges to end Violence against women and girls, with all classes contributing to a display.

The efforts to address violence against women and girls do not end with a single talk or lesson – we are reminded that it is an ongoing commitment to education, support, and advocacy.

Drugline Education: Alcohol and Addiction

Classes from Year 8 upward welcomed Steven Mervish back into school after delivering sessions on drug abuse last year. The classes were split so it could be more age appropriate for the younger and older years groups. The focus this year was on Alcohol Abuse and addiction. Mr Mervish has a unique way of connecting with students, drawing out conversation, and having them engaged with stories from the 'front line'. I wanted to share this letter our school community. You should all be so proud with the way your children engaged with our visitor. It is important to note that this is not a standalone exercise. Students, from the very youngest start their learning around harmful substances, with knowledge and skills to keep safe from harm being built upon year after year within their PSHE lessons.

Dear students and teachers at the Centre Academy,

I could not let yesterday go by without writing to you and telling what an absolute pleasure it was to work with such an inspirational group of young people.

The way I felt from your welcome makes feel very emotional. I told everyone I spoke to last night what an amazing day I had with you all. Two of my children said that I looked so happy and well. Which is really important for me because of how unwell I have been over the past two years.

The respect you showed each other was so fantastic for me to witness. Often when young people are together some tend to forget respect. You really did excel in this and I have so much admiration for you because of it.

I understand that some of you may know someone who is experiencing problems with addiction. You are only too aware of the consequences to the family and the wider community. As a group of young people, you showed a lot of maturity towards the subject, and this can only help support those who are struggling at present. Some of your comments and questions were so good, and I hope I answered them all in a way that you understood and will help you. The pleasure I get from working with young people is enormous and I get very excited at the potential they show.

To end, I would like to thank you all once again for making me so welcome when spending time with you. Those of you who are sitting exams, I would like to wish you all the best, and you can only do your best. Your behaviour and respect only encourages me to continue doing my work. If any of you need support for yourselves, or for someone you love, then please speak to teachers who will know how to contact me. Wishing you all luck in the future and may G-d Bless You All.

Steven Mervish Adv. Dip. Int. Ther. MFDAP Director and Specialist Substance Misuse Practitioner

PSHE: Relationships Education

The Value of Relationship Education in School

Relationships, in all their forms, are the bedrock of society and individual well-being. Hence, it's essential to include relationship education into our school's curriculum to guide students on their journey to becoming well-rounded adults. This is woven through their journey at CAEA, with an extra spotlight within their weekly PSHE and Social Skills lessons.

Why focus on relationship education? Research has consistently shown that healthy relationships can improve mental health, increase feelings of belonging, and foster a supportive community. However, understanding how to build and maintain positive relationships doesn't come automatically. It's a skill—one that needs nurturing.

At CAEA, we believe in providing our students with the tools for success, and that includes navigating the complexities of human connections. Here's how relationship education can make a difference:

Emotional Intelligence: Students learn to understand and manage their emotions, a critical factor in maintaining healthy relationships with peers, educators, and family members. This self-awareness leads to better communication and conflict resolution skills.

Boundary Setting: Essential to any healthy relationship is knowing how to set and respect boundaries. Our programming helps students learn these skills, crucial for preventing bullying and understanding personal space.

Empathy and Respect: By walking a mile in another's shoes, students learn the value of empathy—an understanding that each person's feelings and perspectives are important. Respect for differences and diversity is cultivated, preparing our pupils for life in a multicultural world.

Communication Skills: Open, honest, and respectful communication is at the heart of any strong relationship. Classroom activities and discussions are designed to develop these skills, ensuring that our students can express themselves and listen to others effectively.

Consent and Safety: It's never too early to understand the importance of consent. Our school provides age-appropriate lessons on recognizing and communicating one's comfort level with different types of interactions—laying the groundwork for future safe and consensual relationships.

Let us work together to nurture students who are not only academically capable but emotionally intelligent and socially responsible as well.

If you would like to know more about what we do in PSHE, please feel free to get in touch, and definitely speak to your child about what they've been up to. Here's to building a future where every relationship is a source of strength and joy for our students!

Mrs M Brown
PSHE Teacher

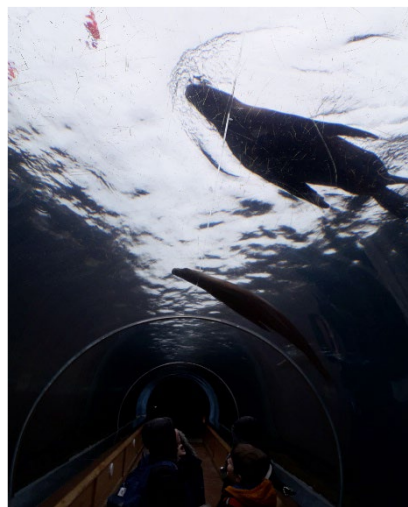
Biscay and Red Sea – Colchester Zoo Trip

Biscay and Red Sea enjoyed a day out to Colchester Zoo this term to consolidate learning that had taken place in Science and Geography.

This term in science the students had been looking at living things and their habitats and in Geography Biscay have been learning about Kenya and some of the Safari's within the country.

It was a perfect opportunity to see the animals we had been discussing in lessons up close and explore the habitats that zoos replicate for the animals living there.

Students had an excellent time and asked some brilliant questions and shared lots of key learning points from throughout the term.



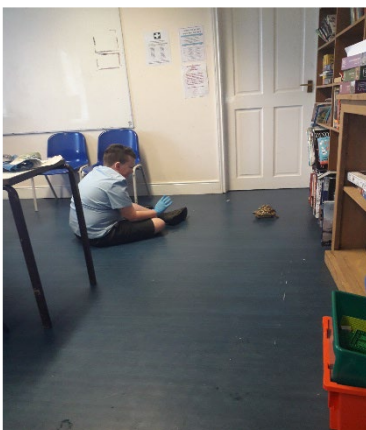
Mrs Gardiner/Miss Hamilton/Ms Thomas

I 'SHELL' be back....

This term we had some four-legged friends to visit Centre Academy, Gizmo and Skylar!

The students enjoyed getting to know the tortoises and how to care for them.

They are going on holiday whilst their new home in school is being prepared so Biscay wanted to bid them farewell.





Students and staff alike have been getting stuck into our latest school production, Shrek Jr!

Yes, this musical is based on the well-known 2001 film of the same name. With a plethora of iconic characters, that celebrate inclusivity and diversity, what's not to love about this animated classic.

"I've read the stories" says Shrek to Donkey, but in this musical version there are plenty of new and exciting songs, characters and twists for you to boo and cheer on, as well as the story we know and love. We are now well underway with rehearsals having blocked and set all of ACT 1 and characters are really starting to take shape, which has been a joy to direct

and watch.

With a cast and crew of almost 30 (just from the students alone), and with a lot of students doubling up on jobs and character parts, it's no mean feat the amount of hard work everyone is putting in to bring this show to life.

This year's production will, once again, take place at Old Buckenham Hall. We are very grateful to Mr Mitchell and his team at OBH for letting us use their facilities. Further details will be sent to Parents/Carers of the cast and crew in due course.

If you would like to attend this production, please email myself: c.groombridge@centreacademy.uk stating how many tickets you would like, and for which show. Tickets are free, on a first come first serve basis, with any donations greatly welcomed.

I couldn't be prouder of my 'Swamp-ies' and 'Duloc-ians, this is a show that is not to be missed so make sure to secure your tickets soon!

Mrs Groombridge

'Manifold Show 2024' – A new arts based festival for students and staff at CAEA

Balearic's very own Dan Norton and Alfie Davies have been working on their Music Event Management unit for their RSL Level 3 qualification. This unit involves them to design, plan and execute an arts-based event within their school or community.

This year, Dan and Alfie decided to come up with something the school has never done before; put on a festival for the day which showcases and celebrates all things performing and visual arts.

All students and staff at CAEA are invited to attend the festival on Friday 3rd May. This is a non-school uniform event with a ticket price of £1 to attend in non-school uniform and will take place during the school day only.

As part of their unit, Dan and Alfie must delegate tasks to aid with the smooth running of the event. Along with the School Council other students have been getting involved; Flores, in geography, are working on providing products and services to sell during the festival, Pacific, in Drama & Music, are working on a theatrical art exhibition representing characters from The Lion King Musical and Red Sea, in Drama, have been producing some short films around the topic of Improvisation.

There will be plenty on offer at the festival, and students are encouraged to bring a little bit to spend as there will be games, things to purchase, and prizes to be won!

Information to follow after the Easter Break.

Mrs Groombridge





General Information	Medical Information	
<p align="center">START OF THE SCHOOL DAY</p>	<ul style="list-style-type: none"> ✓ If your child requires any medication, please ensure that this is handed into the office or Miss Bonner. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the student's name and the instructions of administration. ✓ Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school. ✓ If the illness is more than 5 school days, we require a Doctor's Certificate. 	
<p>Please remember that students are not to be dropped off at the school before 8.10 am. Prior to that staff are not in their places and we cannot therefore ensure the students security.</p>		
<p align="center">UNIFORM</p>		
<p>Please remember that all uniform and casual clothes must have the student's name in.</p>		
<p align="center">OUTDOOR CLOTHING</p>		
<p>During the cold months please could all students have winter clothing: wellies, coats, hats and gloves. During the summer months, please could students have a hat and sun cream.</p>		
<p>School Phone Number: 01449 736404 Out of hours emergency school mobile number 07555 641 724 email: admin@centreacademy.uk Student absence: absent@centreacademy.uk</p>		<p align="center">Absence</p>
		<p>Please could all medical appointments/absences be reported before 9.00 am to the school office. Please contact the school each day your child is absent; contact by email is fine. Student absence: absent@centreacademy.uk</p>
<p align="center">Policies and other Important Information</p> <p align="center">All our policies and other Important Information are available on the website. If you require any other information that is not displayed, please do not hesitate to contact the Office Manager.</p>		
<p align="center">Photographs/Video's taken in school</p> <p>As we continue to celebrate our students' achievements and capture special moments during school events, we kindly request your cooperation in ensuring the safety and privacy of all children. Specifically, we ask that you refrain from sharing any photos or videos of school activities on social media platforms where other people's children can be identified.</p>		